

# **Arab American University**

# **Faculty of Graduate Studies**

# An NLP-Based System for the Screening of Clinical Depression

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This thesis was submitted in partial fulfillment of the requirements for the Master's degree in Data Science and Business analytics

May/ 2022

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# By Momen Hashim Abu Salameh

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**Declaration** 

This is to declare that the thesis entitled "An NLP-Based System for the Screening

of Clinical Depression" under the supervision of Dr. Mohammed A. M. Maree and

Dr. Mohammad Herzallah is my own work and does not contain any

unacknowledged work or material previously published or written by another

person, except where due reference is made in the text of the document.

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# لمن روحهم سبقتنا وتخضيت الأرض بدمائهم .. شهداءنا الابرار لمن حريتهم أسرت أنعيش بكرامة ... اسرانا الابطال لأم البدايات وأم النهايات ... فلسطين الحبيبة

للذين لم يبخلوا علينا بعلم او وقت المشرفون الدكتور محد مرعي والدكتور محمد حرزالله

لمن افنى زهرة شبابه في باستيلات العدو وعاش لأجلنا مناضلا رافعاً راسنا دائما ... والدي العزيز

لمن الجنه تحت اقدامها الداعمة والمربية ... والدتي العزيزة للسند على صعاب الحياة أخي الدكتور محمد وعائلته لمن فرقتنا المسافات وبقيت في أعماق الروح والقلب اختي الاستاذه مرام وعائلتها للذي افنى عمره لنكون سويا عمي هشام وحرمه للأب الثاني ... السد والسند عدنان مساد وعائلته

لزوجتي الحبيبة. كلمة السر في كل المراحل والتي قاسمتني هموم الحياة ووفرت كل الظروف الأكون أفضل

لمن بهم تحلو الحياة وتزهو هشام وجبران فلذات كبدي

لزملائي في العمل الذين تقاسمت واياهم مرارة الحياة لنسهر على راحة المواطنين .. زملائي في العمل الذين تقاسمت في جهاز الامن الوقائي

أهدي هذا العمل .. والله ولي التوفيق

### Abstract

Clinical depression is a common mental disorder characterized by depressed mood and loss of interest/pleasure. Other symptoms include decreased energy, feelings of guilt or low self-worth, disturbed sleep or appetite, and poor concentration. According to the WHO, clinical depression affects over 75% of people worldwide. Usually, clinical depression screening is based on psychological evaluation through face-to-face interviews. Such conventional methods are timeconsuming and error-prone. Previous research showed that it is possible to identify patients with clinical depression through the analysis of social media posts. However, analyses of social media content were neither stratified according to the various symptoms of clinical depression nor based on the exploitation of external resources of medical semantics. In addition, current screening solutions can be characterized by a loosely coupled nature, hence the low level of validity and reliability of these tools. In particular, the validity of these methods is not based on the mathematical structure of symptoms in a multidimensional construct. Accordingly, we developed a strongly coupled system that combines Natural Language Processing (NLP) and medical knowledge resources to assist healthcare professionals in screening for clinical depression; deploying a reliable and efficient tool that can passively and automatically assist in identifying subjects with clinical depression symptoms based on their social media posts. Given the dire state of mental health services and resources, the proposed system is expected to address immediate clinical relevance as it integrates the Beck Depression Inventory II (BDI-II) with social media post-analysis for both English and Arabic languages.

For the English Language, we used the Cross-Language Evaluation Forum (CLEF) eRisk 2020 dataset which is a global dataset that includes social media posts of depressed people with

different severity levels, and posts of people who have signs of Pathological gambling with signs of self-harming. Our goal in this context is to find whether social media posts reflect the presence over the Arabic social media posts, as well as severity of clinical depression symptoms if the social media posts have been written using English Language. To do this, we use multiple semantic resources in the domain of psychiatry to map the content of social media posts to their corresponding symptoms of clinical depression in the BDI-II. We utilized the outcomes of this step to train the proposed system and develop a reliable and efficient screening procedure. As the produced results indicate, the utilization of proposed pipeline and integrating it with the Bidirectional Encoder Representations from Transformers (BERT) model have resulted in 87% accuracy rate, while integrating the proposed pipeline with other classifiers, such as Logistic regression, Naïve Bays, XGBboost, Support Vector Machine (SVM) and Random Forest (RF) classifiers produced 55.8%, 50%, 47.4%, 57% and 49%, respectively.

On the other hand, for the Arabic language, we have used (Arabic Sentiment Analysis 2021 Dataset) dataset to develop an NLP-based pipeline to detect depressed subjects based on their social media posts that are written in Arabic. To evaluate the developed model, we have utilized multiple machine learning based classifiers using the Arabic dataset and achieved 81% accuracy rate using the SVM and 70% accuracy using the Logistic Regression (LR), NB and RF classifiers, respectively.

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### List of Abbreviations

NLP - Natural Language Processing

SA – Sentiment Analysis

MA- Machine Learning

**CLEF** – Conference and Labs Evaluation Forum.

SA: Sentiment Analysis.

NLP: Natural Language Processing.

ANNs: Artificial Neural Network.

FNN: Feedforward Neural Network

CNN: Convolutional Neural Network.

RNN: Recurrent Neural Networks.

LSTM: Long-Short Term Memory.

DBGRU: Deep Bidirectional Gated Recurrent Unit.

MLP: Multi-Layer Perceptron.

GloVe: Global Vector.

Word2Vec: Word to Vector.

**BERT**: Bidirectional Encoder Representations from Transformers.

SSWE: Semantic Specific Word Embedding.

POS: Part-Of-Speech.

NN: Noun.

ADJ: Adjective.

ADV: Adverb.

VV: Verb.

RL: Reinforcement Learning

SVM: Support Vector Machine.

NB: Naïve Bayes.

LR: Logistic Regression.

RF: Random Forest.

KNN: K-Nearest Neighbors.

**FF**: Feature Frequency.

**TP**: True Positive.

**TN**: true negative.

**FP**: False Positive.

FN: False Negative.

# CHAPTER One Introduction

### 1.1 Background and Motivation

Clinical depression is a common mental disorder characterized by depressed mood and loss of interest/pleasure. Other symptoms include decreased energy, feelings of guilt or low self-worth, disturbed sleep or appetite, and poor concentration. In Palestine, 25% of patients are affected by clinical depression. Despite these alarming statistics, many patients with clinical depression remain undiagnosed until it is too late (Marie, SaadAdeen, & Battat, 2020). It remains possible to identify patients with clinical depression through the analysis of social media. As most social media users share their feelings and the daily lifestyle on their profiles, we can use such sources of information to potentially screen clinical depression (Sadeque, Xu, & Bethard, 2018). Mental health professionals conduct the screening for clinical depression using lengthy pen-and-paper questionnaires. The process is time-consuming, exhaustive, and inconvenient for the patient. As a result, the obtained results could be imprecise, leading to faulty screening and misdiagnosis (Eack, Greeno, & Lee, 2006; Mattsson, Olsson, Carlsson, & Johansson, 2019). To address this problem, researchers attempted to utilize social media profiles with machine learning classifiers to detect those who have an existing diagnosis of clinical depression. However, such previous efforts were focused on assembling binary models for the presence or absence of clinical depression. The search parameters were loosely coupled with the different symptoms of clinical depression, and targeting uni-languages.

In line with previous research works, we also perceive social media platforms, such as Twitter and Facebook as indispensable tools that allow people globally to share their opinions as text, video, or images. With the ever-increasing utilization of such platforms, tremendous amounts of unstructured rich text started to be generated, calling for the exploitation of various machine learning techniques for processing and understanding such textual content and to get insights

from it. As such, in our research project, we focus on the exploitation of text mining and natural language processing techniques in an attempt to derive insights from social media posts and link that to answering our main research question, namely "Will the integration of NLP pipelines and machine learning classification models assist in identifying subjects with clinical depression based on their social media posts?".

Natural Language Processing (NLP) and the exploitation of data mining and social media analysis have recently become two hot topics in healthcare artificial intelligence. In this project, we have split our work into two main phases. Phase 1 is to do the text mining over Arabic dataset. Using the Arabic dataset, we aim to detect depressed subjects among other non-depressed subjects. On the other hand, in Phase 2, we aim to detect clinical depression using an English-based dataset (eRisk 2021) extracted from social media posts. The Arabic dataset is collected from twitter and labeled in binary format (1 is for the depressed and 0 for non-depressed users) while the English dataset is giving more details and information since the same users who wrote the posts in social media have been interviewed and answered the depression questionnaire. To accomplish this task, we used the multiclass classification models over the datasets. Based on the classifiers that we have built; we could find if the post has been written from a person who has depression and to which severity the post-writer belongs. It is important to point to the fact that by developing the proposed system, we aimed to offer a fast and accurate screening tool that replaces the need for a patient's presence in the clinic, due to the stigma of society about psychiatric patients.

### 1.2 Problem Statement

More than 300 million people suffer from depression or depression symptoms globally (AlSagri & Ykhlef, 2020). This warning statistics leads to thinking about this illness and trying to find ways that lead to early screening of depression. Normally, the procedure of screening depression is through face-face interviews with healthcare specialists and this is often tied to the stigma of the mental illness that prevents patients from going to the specialists till depression reaches a critical point, where curing depression becomes harder and takes a long duration to control the symptoms. Such conventional methods of screen depression are time-consuming and errorprone. Besides, it is important to emphasize that patients are usually reluctant to visit mental health professionals due to social stigma. To address these issues, we have proposed the utilization of technology-based solutions that can automate the screening process on the one hand, and provide more efficient, precise, and privacy-oriented methods on the other. Such solutions rely on external resources, including questionnaires and social media posts of individuals to assist in the screening process for clinical depression. And as has been recently reported by various researchers [Yalamanchili, Kota, Abbaraju, Nadella, & Alluri, 2020], the analysis of social media posts has become among the main sources for understanding people's emotions in different situations of daily life. Classification of social media posts has been at the backbone of various systems that aim at categorizing subjects into a number of classes, including those related to clinical depression severity levels. In such multi-class classification tasks, the data is divided into several subclasses based on their polarity. Machine learning and deep learning techniques have been utilized to accomplish this task (Liu, 2012). Figure 1 shows a general architecture of a text mining pipeline that expresses the procedure of the textual content analysis from the first stage of collecting data and ending with model preparation, which is accordingly considered as the input for training various machine learning models to predict classes that have been learned during the stage before.

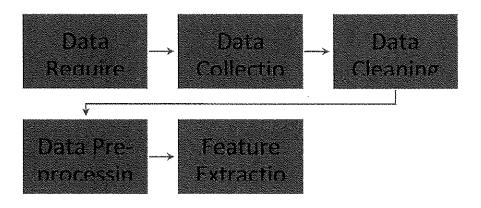


Figure 1: A General Textual Content Mining Pipeline [(Zucco, Calabrese, & Cannataro, 2017)]

As depicted in Figure 1, first, in the Data Requirement phase, researchers specify the target of the research and how the data will help in getting the desired results. In our research project, the sample of subjects involved should have a long time presence over social media platforms, and they also should fill the depression questionnaire. Based on that, our ground-truth dataset will contain social media posts and the questionnaire results of the sample. For this reason, the data collection phase becomes crucial as it will impact the quality of the remaining processes. In our project, for English speaking subjects, we have collected a dataset that has been developed as a publicly-available dataset for depression detection purposes, specifically based on tracking posts who are using social media platforms, namely Reddit. In the Data Cleaning phase, we Python programming language, in addition to the NLTK library and other manually-

like the numbers and special symbols. For the Data Preprocessing phase we have used the Natural language preprocessing built-in functions in Sklearn library to do the tokenization, stemming, and lemmanization. The last phase of this pipeline is the feature extraction which prepares the dataset for the training process that machine learning models exploit for learning and further prediction purposes. In this phase, we use n-grams, Term frequency, inverse document frequency, and POS tags as part of the extracted features from the pre-processed texts.

As far as the Arabic dataset is concerned, we have obtained the dataset from Kaggle<sup>1</sup> which is a public source of multi-domain datasets, including the one that meets our research interests. The dataset was collected from Twitter for Arabic users. It is a binary-labeled dataset which means it has been labeled with 0 for non-depressed subjects and 1 for depressed ones. In the same manner as we did for pre-processing the English dataset, we used Python and a number of manually-constructed, as well as built-in functions to clean the dataset from null values and extraneous characters such as numbers and symbols during the cleaning phase. To conduct the tokenization, stemming, and lemmatization in the preprocessing step, we used the Natural language preprocessing built-in functions in the Sklearn library. Similar to the features extracted for training utilized machine learning models, we also extracted features from Arabic texts, including n-grams, stems, lemmas, and term frequencies to develop the classifiers.

Normally the analysis of social media posts produces an output that is in the form of either a 2-class result (depressed and non-depressed) or a multi-class result (mild depression, severe depression to depression). This of course depends on the utilized training dataset, as well as the

<sup>&</sup>lt;sup>1</sup> https://www.karabic-sentiment-analysis-2021-kaust

quality of the exploited NLP pipeline for processed texts. Conventionally, there are two techniques that are involved in such analysis tasks. These are:

- Rule based analysis: in this task, rules and dictionaries of words with labeled polarities
  are employed to identify the polarity of the subject based on the words prior polarity as
  they are defined in the used dictionary.
- Machine Learning based analysis: using this approach, machine learning algorithms are employed to extract features from sentences and detect the polarity of word mentions, and accordingly predict the class under which the subject should be classified.

Several technical challenges are faced during the above mentioned approaches. Among these challenges are:

- Being able to extract significant words for each depression class, involving a variety of NLP-based pipeline phases and evaluating the quality produced using each phase.
- Building machine learning models that have high accuracy rates for both Arabic and
  English languages, given that all relevant data is collected from daily posts on social
  media.
- Deciding on the most appropriate combination of NLP pipeline phases that should be exploited for predicting clinical depression with an aim of achieving effective and efficient machine learning models.
- Detecting the depression Arabic language dataset. This is especially challenging due to the lack of Arabic language resources.

As we discuss in the next section, as well as the remaining chapters of this thesis, we aim to address the previously highlighted challenges by building a bi-lingual clinical depression screening system that targets and analyzes social media posts written in both English and Arabic languages. In our attempt to do this, we will use multiple semantic resources in the domain of psychiatry to map the content of social media posts to their corresponding symptoms of clinical depression in the BDI-II. As will be demonstrated in the Experiments chapter, we utilized the outcomes of this step to train the proposed system and develop a reliable and efficient screening procedure. Our goal can be seen as a two-fold objective where we aim to 1) Develop an effective and efficient screening tool for assisting healthcare professionals identify clinical depression, and 2) Overcome the time-consumption, as well as error-proneness that may be produced as a result of the manual screening procedures - as is being implemented currently; targeting subjects who express their posts on social media using either Arabic or English languages.

# 1.3 Research Questions and Methodology

In this research project, we propose to develop a screening tool that integrates the Beck Depression Inventory II (BDI-II) with social media post-analysis, especially posts obtained from Reddit which have been made publicly-available as part of the CLEF eRisk 2020 dataset. In the first phase of the implemented methodology, we used a publicly-available tweets dataset labeled with depressed and non-depressed users. It is worth mentioning that due to some bias in the first obtained dataset (the bais was towards depressed and specifically in terms of the words used to express depression), we have used that has Arabic tweets to overcome this issue as we will explain in the Experimental As far as the English version of the dataset is concerned, we officially acquired the grown the CLEF eRisk 2021 organizers. As

we have pointed out earlier, the importance of exploiting this dataset lies in the fact that it saves the effort needed to manually gather posts from both depressed and non-depressed subjects on the one hand, and it is publicly-available and it enables the reproductionary of the results on the other hand. The main theme of the dataset is that it comprises posts obtained from real-world example subjects who normally express their sentiment on social media platforms, namely Reddit. To preprocess and extract features from the obtained datasets, we have developed a number of NLP-based pipelines with an aim of evaluating the impact of employing each technique among the pipeline phases on the quality of the extracted features, and how they contribute to affecting the quality of the utilized machine learning models. After constructing the pipelines, we were able to test whether social media posts reflect the presence and severity of clinical depression symptoms. Unlike conventional methods, we attempted to measure the impact of exploiting multiple semantic resources that encode clinical depression knowledge in the domain of psychiatry to map the content of social media posts to their corresponding symptoms of clinical depression in the Beck depression inventory II. We utilized the outcomes of this analysis as a training dataset for the development of a reliable and efficient screening system. This system can be used to detect the presence and severity of clinical depression symptoms passively and automatically among individuals on social media platforms.

In particular, in this research work, we attempt to answer the following research questions:

- 1. Is it possible to screen depression using an automatic system is and of manual screening procedures that are still using Depression Questions.
- 2. Can social media posts be a relevant source for detecting clinically-depressed subjects?

- 3. Is it possible to build a bi-lingual model that detects depression among both English and Arabic social media platforms?
- 4. Will data preprocessing pipelines affect the quality of feature extraction and accordingly impact the accuracy of the utilized machine learning models for predicting clinical depression?
- 5. Will dimensionality reduction techniques affect the accuracy of the system? What is the impact of changing the solver parameters of the employed machine learning models on their accuracy rates?
- 6. What is the impact of n-grams, TF-IDF and newer word embedding techniques on the quality of the developed models?

In our endeavor of achieving the intended research goal, this research project followed the well-recognized Design Science Research Methodology (DSRM) which was proposed by (Peffers et al., 2007). In the same manner as recommended by the DSRM methodology, the following main phases were implemented according to the chronological order described below:

• Step 1: Problem Identification and Motivation: As we described and discussed in the background of this chapter, it is reported that clinical depression is among the major diseases that calls for immediate action world-wide, and in Palestine in particular as reported by several research reports. To further understand and identify problems associated with the automatic assessment and identification of clinically-depressed subjects, we reviewed relevant literature and explored the current screening approaches. highlighting their strengths and weaknesses. We have also reviewed and and discussed their limitations in order to make and and

specify where and how our proposed solution will contribute to existing research in this field.

- Step 2: Delineate the Objectives of a Solution: The main objectives of our research project have been set in the same manner as recommended by the DSRM research methodology. We have namely stated our main research theme, research questions in detail and how we attempted to answer each research question.
- Step 3: Design and Development of the Solution: To realize this step in our research project, we have proposed the construction of an NLP-based pipeline that comprises various phases for processing text and extracting significant features from posts of subjects involved for the preparation of both the Arabic and English versions of the obtained datasets. We have considered several tools and techniques, such as tokenization, n-gram term extracting, exploitation of medical semantic resources and various machine learning models as part of the design and development of the proposed solutions as we demonstrate in the next chapters in this thesis.
- Step 4: Evaluation: Different empirical evaluation steps were carried out as part of the
  evaluation phase for the proposed solution. As we detail in the Experiments chapter, we
  have conducted experiments using different datasets and experimental setups to evaluate
  each model and compare between them according to their accuracy rates.

# 1.4 Thesis Organization

The rest of this thesis is organized as follows. In Chapter 2, we introduce the related works and discuss the main characteristics that describe existing multi-class clinical decrease classification techniques. Next, in Chapter 3, we provide the theoretical details and highlight an

main NLP tasks that are utilized among the classification pipelines. In Chapter 4, we introduce the experimental evaluation steps and validation steps that we carried out to evaluate the utilized machine learning classifiers. Then, we present the discussion and analysis of the experiments that have been carried out using the various employed machine learning models. In Chapter 5, we present the conclusions and highlight the main future extensions to our current work.

Chapter Two
Literature Review

### 2.1 Introduction

Depression is a common mental disorder where as reported by the WHO, 5% of the young adults and 5.8% of old people who are above 60 years old suffers from depression<sup>2</sup>. Depression is one of the main causes for suicide globally and screening the clinical depression in early stages will be the key factor of reducing crimes globally. Based on these alarming statistics and information, building screening tools that detect depression in the early stage will help the society and the specialists in finding solutions and medications for the depression which will lead to treating the patients with the most effective manner. Major Depressive Disorder (MDD) is a mental disorder that is screened in patients who display at least five of the following symptoms of depression for at least two weeks: depressed mood, loss of interest, change in appetite or weight, guilt or worthlessness, sleep problem, psychomotor agitation or impairment, weariness or loss of energy, poor concentration, and persistent thoughts of death or suicide ideation are all symptoms of depression<sup>3</sup>. Depression and anxiety disorders affects about 1 in 15 adults in any given year, and 1 in 6 people will be affected by depression at some time in their life<sup>4</sup>. Because of the huge number of people affected by depression globally, and the stigma behind this disorder in society, especially in our Arab countries, we proposed to develop a tool that helps in screening depression online without the frequent visits to the Psychologist specialists in their clinics.

Depression screening is normally screened using Depression Questionnaires which must be filled manually by the patient who is going to the clinic. Then the doctor or the psychologists will study the output and decide if the patient has depression or not and the severity level the patient

<sup>2</sup> https://www.who.int/news-room/fact-

sheets/detail/depression#:~:text=Overview,world%20have%20depression%20(1).

<sup>&</sup>lt;sup>3</sup> https://www.uptodate.com/contents/depression-in-adults-beyond-the-basics

<sup>&</sup>lt;sup>4</sup> https://worldpopulationreview.com/country-rankings/depression-rates-by-country

belongs to. This manual process is time-consuming and requires a lot of effort, and it can be

biased according to the answers of the patient. To address these issues and save time in this

context, we should think in a way that detects if the person suffers from depression or not and

what's the severity of the depression if the patient has depression. As reported in the literature,

one of the ways to study the behavior of a person is monitoring her/his social media posts using

high performance machine learning models. In this way, patients do not need to visit the clinic

physically and the model can learn from the posts which have been posted over social media for

a long time by analyzing the contents since the social media account creation.

2.2 Theoretical Background

Before diving into the details of our project from the technical point of view and the algorithms

behind, we would like to share the theoretical information behind sentiment analysis, Machine

learning methods, text mining, and natural language processing that are used to diagnose

depression. Currently, researchers analyze social media content to detect the clinical depression

symptoms from the posts. Therefore, we will study the content and the extent of its impact on

mental illnesses, and whether it is possible to screen the medical condition through the posts on

these sites. In addition to that, we will compare the results of different classifiers over the Arabic

and English content of social media. The social media network phenomena generate vast

volumes of valuable data that is easily accessible online. On many social networking sites, many

users post photographs, videos, comments, reviews, news, and opinions, with Twitter being one

of the most popular. The data collected from social media is highly unstructured, making it

difficult to extract usable information from posts.

Definition 1: Sentiment Analysis (SA)

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SA is defined as a computational treatment of opinions, sentiment, and subjectivity of text. The SA is one of the main Text Mining applications that are widely used nowadays. It can be used for customer satisfaction after analyzing the written text as comments (Medhat, Hassan, & Korashy, 2014). Also, it can be used in the medical field for the text mining of patient letters or posts over the internet. Figure 2 below depicts the process of SA and its output in the context of product reviews. In the context of our work, we will replace product reviews with posts obtained from social media platforms to identify clinically-depressed subjects after analyzing the content of their posts.

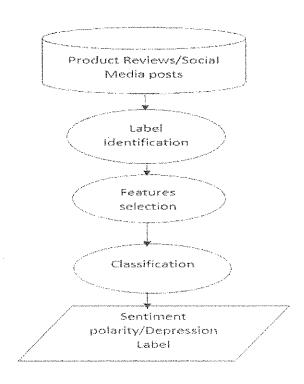


Figure 2:Sentiment Analysis workflow

### Definition 2: Machine Learning (ML)

Machine learning has been defined by IBM, one of the most important businesses working on machine learning hardware and software technologies as:

"Machine learning is a branch of artificial intelligence (AI) and computer science which focuses on the use of data and algorithms to imitate the way that humans learn, gradually improving its accuracy."

As we will demonstrate in the next chapters, the utilization of various machine learning models can lead to producing varying clinical depression prediction accuracy rates. We will explore the hyper-parameters involved in this context and attempt to find out how various configurations of the hyper-parameters can change the overall quality of the proposed solution.

### **Definition 3: Depression Detection**

According to the huge impact of depression on a person, family, and society we need to figure out how we can know that this person has depression or not, and if yes what is the depression severity that he/she is suffering from. The main significant component of the depression diagnosis and treatment process is depression screening, because psychologists will select the treatment technique and predict outcomes based on the severity of the depression. The financial toll of the illness is significant, with coordinated rehabilitative expenses estimated at \$3.5 million per 1000 disgruntled individuals. Misery is largely underdiagnosed and undertreated, particularly in essential distributions are suffering. Clinical investigations have identified a successful strategies for achieving successful recovery and cost reduction

over treatment. Early detection, mediation, and appropriate treatment can speed abatement, prevent relapse, and reduce the emotional and financial toll of the illness. (Halfin, 2007)

### Definition 4: Text Mining

Text Mining can be defined as the disclosure by computer of unused, already unknown information, by consequently extricating data from distinctive written resources.

Social networks are wealthy in different kinds of content such as textual content and multimedia. The ability to apply text mining algorithms in the context of text data is important for a wide variety of applications. Social networks require text mining algorithms for many applications such as keyword search, classification, and clustering. While search and classification are well known applications for a huge number of scenarios, social networks have rich structure both in terms of text and links. Much of the work in this field uses either purely the text content or purely the linkage structure. However, many recent algorithms use a combination of linkage and content information for mining purposes. In many cases, it turns out that the use of a combination of linkage and content information provides much more effective results than a system which is based purely on either of the two. (Aggarwal & Wang, 2011)

### Definition 5: Natural Language Processing (NLP)

The huge volume of natural language text in the connected world, though having a large content of knowledge, but it is becoming increasingly difficult to spread by a human to discover the knowledge in it, specifically and any given time limits. The automated NLP is aimed to do this job effectively and any like a human does it. The challenges of NLP, progress so far made in this field applications, components of NLP, and grammar of English

language—the way machine requires it. In expansion, covers the regions like probabilistic parsing, ambiguities and their resolution, information extraction, discourse analysis, NL question-answering, commonsense interfaces, commonsense thinking and reasoning, and different instruments for NLP (Chowdhary, 2020)

### 2.2.1 Sentiment Analysis in the Context of Depression Screening

Sentiment analysis (SA) can be defined as an opinion mining process through applying natural language processing techniques over text to get the sentiment orientation of the text using rule-based and machine learning models.

Supervised and unsupervised techniques are the two main methods used in sentiment analysis research nowadays. Machine learning (ML) is often used in the supervised approach, while lexicon-based approaches are used in the unsupervised approach. The supervised technique trains a classifier or a series of classifiers using corpus data with labels (positive/negative or positive/neutral/negative). Machine learning methods such as the support vector machine (SVM), Naive Bayes (NB), Artificial Neural Networks (ANNs), and K-Nearest /neighbors (KNNs) are employed as classifiers in this context. The unsupervised or lexicon-based approach, on the other hand, defines the orientation (polarity) of each word mentioned in text as a numerical number. Some dictionaries use positive and negative numbers to distinguish between positive and negative sentimental terms, with zero indicating neutral words. The unsupervised approach, unlike the supervised approach, does not require labels (Al Shamsi & Abdallah, 2021).

### 2.2.2 Depression Screening using Machine Learning

In a recent study by Al Asad et. al. (Al Asad, Pranto, Afreen, & Islam, 2019), the authors have apploed support vector machines and Naïve Bayes classifiers on Twitter dataset which comprised 8000 tweets as labelled data for a duration of 1 year for each user. The acquired dataset has been collected by Beautiful Soup tool. After converting the dataset from JSON format to CSV they applied the pre-processing stage which is cleaning the data from the stop words and removing the unuseful symbols like (\*&%\$#). After completing the preprocessing stage, they trained the classifiers and got a 74% accuracy rate using the SVM against the Naïve Bayes classifier.

In another study by (Arora & Aeri, 2019), the researchers have used a collection of sentences obtained from Twitter with 1,850,000 tweets. The authors used multinomial Naïve Bayes and support vector regression to analyze health-related tweets for depression and anxiety detection from mixed tweets utilizing time series analysis. After getting the dataset they applied the preprocessing stage and the feature extraction to prepare the dataset as an input to the classifiers. The accuracy of the system was 78% when using Naïve Bayes, 79.7% for the SVM, and 77.17% accuracy when employing the KNN.

In the same line of research, Serra et. al. (Shrestha, Serra, & Spezzano, 2020) attempted to address the problem of detecting depressed users in online forums. The authors tracked user behaviors on the ReachOut.com online forum, which provides a safe space for young people to talk about their problems, including depression. The interest of user posts is analyzed in conjunction with network-based variables that model are act in the forum. Findings showed that network features (especially reciprocity are strong coefficient) are strong

predictors of depressed users, and that by combining them with post-linguistic features, an average precision of 0.78 has been achieved. This was different however from the utilization of other classifiers, such as the Random Forest and Random classifier with linguistic features where 0.47 for a random classifier and 0.71 for linguistic features alone were achieved, respectively.

It is worth mentioning that the utilization of NLP techniques for addressing healthcare related problems has been proposed in earlier research works as well. For instance, Avasthi et. al. and colleagues (Chakraborty, Avasthi, Kumar, & Grover, 2009) have investigated how Natural Language Processing (NLP) can be used to personalize mental health interventions. The primary goal of this study was to offer an adaptive NLP-based strategy for analyzing patient-authored text data and extracting depression symptoms using a clinically validated assessment questionnaire, the PHQ-9. To do this, the authors compared three state-of-the-art NLP algorithms with a novel word-embedding (Depression2Vec) method for extracting depression symptoms from patient-authored text. As reported by the authors, results showed that the proposed Depression2Vec embedding model performed similarly to WordNet. We would like however to point to the fact that despite the promising results achieved by the authors, WordNet and other similar lexical-based methods still suffer from missing background knowledge as reported by Maree et. al. (Maree et. al. 2018, Maree, Kmail, & Belkhatir, 2019).

With the recent advances in the development of newer word embedding techniques, (Nguyen, Nguyen, Luong, & Ngo, 2020) present two BERT fine-tuning strategies for the assumption investigation issue for Vietnamese comments, which is a strategy proposed by the BERT creators. In the context of the proposed work, the extracted feature embedded yielding expanded vectors that were used as input for the utilized models. As explained by the authors, tokens were used as input for an attached feature and models.

combined with BERT, LSTM and TextCNN models. However, despite the high accuracy rates achieved, this combination - as reported by the authors - also made the training time significantly longer, recommending to avoid coupling LSTM or TextCNN with BERT. In a similar recent context, Tay et al., 2019, proposed the utilization of machine learning models for addressing mental issues and illness in an automatic manner and unlike previous manual-based models. Accordingly, the authors used machine learning models to diagnose depression through the analysis of social media posts datasets. To carry out the implementation of the proposed system prototype the authors used the Decision trees which showed improvement on the accuracy of the classification and reduced the error rate. Another machine learning model was employed by Orabi et al. in (Orabi, Buddhitha, Orabi, & Inkpen, 2018). The authors presented a novel approach to optimize word embeddings for the classification tasks. A CNN classifier was utilized and applied on two publicly available datasets. The results produced by the used CNN model were then compared with the results of the RNN based models. As reported by the authors, For the RNN model, an accuracy rate of 82.7% was achieved, while it was 86.6% using the proposed CNN classifier.

Starting from the year 2015, research titles such as Detecting suicidality on Twitter have become more trendy, where the analysis of twitter datasets to identify users with depression symptoms that may lead to suicidality has become a main concern. As reported by O'dea et al. (O'dea et al., 2015), the research went through 14,701 suicide-related tweets. The sample processing was discovered at random among n=2000 tweets, accounting for nearly 14% of all tweets. Then the researchers labeled the dataset into 2 categories. Sixty-six percent of the tweets were "potentially concerning," while the rest were classified as "safe to be concerned". The

classifiers identified 80% of the "Strongly concern" using SVM and LR with filters and without filters.

As we can notice in the literature, most of the focus has been on analyzing English-based social media posts. This indeed has been the case for several years ago until we started to find some new research works that pay attention to the importance of analyzing Arabic-based social media posts as well. However, Building a corpus for the Arabic region is a key in MENA countries especially that this region has multi dialects which may affect the performance of the models (Zaghouani, 2018). For instance, in 2019, a recent research was published by Arabic researchers to detect depression from social media. To train their machine learning algorithms, the researchers used data from Arab Gulf countries. The dataset was binary labeled data with labels (depressed, non-depressed). They have used machine learning algorithms like (Random Forest, Naïve Bayes, AdaBoostM1, and Liblinear) to detect the depressed tweets. Using the listed algorithms the researchers found the optimal accuracy is coming as an output of applying a bilinear classifier which was 0.87 accurate (Almouzini & Alageel, 2019).

Table 1 summarizes the most relevant research works that we have reviewed prior and during the development of our proposed thesis project. As described in Table 1, the best accuracy over the models is obtained based on the exploitation of BERT which will be used in our proposed system, specifically while processing and embedding the English dataset.

Table 1 Classification of the Studied MDD approaches.

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#### 2.3 Summary

In this chapter, we reviewed a number of research works that are related to depression detection using machine learning models. In order to identify the main features that characterize each of the reviewed systems, we have considered a wide range of research works that targeted both English and Arabic social media datasets. During the literature review task, our main focus was on understanding the main techniques and approaches that have been implemented to address the issue of automatic screening of clinical depression. Based on the exploration and findings of this phase, we were able to highlight the main strengths, as well as weakness of existing approaches on the one hand, and inspire the backbone and core NLP pipeline phases that can be integrated and combined with word embedding techniques for the analysis and screening of clinical depression.

# Chapter Three

**Proposed Methodology and Theoretical Framework** 

#### **NLP Pipeline Construction Methodology**

Before we proceed with introducing the proposed NLP pipeline's construction methodology, we would like to emphasize the importance of utilizing a publicly-available and well-recognized dataset in the field of clinical depression screen. This was among the first and most important tasks in our research project. In this context, and after reviewing the literature, we were able to gather datasets that target both Arabic and English languages, with some bias in the Arabic dataset which causes some results to skew as we will describe in the Experiments chapter. Concerning the English version of the dataset, social media posts about real-world subjects were provided globally under the title eRisk dataset. The dataset addresses three main societal problems which are: signs of pathological gambling, depression detection and signs of eating disorders. In our project, we went through the depression detection task which has been named in eRisk T2-2020. In this task the dataset contains the social media content of sample subjects who already filled the manual depression questionnaire. The dataset is labeled with four categories based on the severity of the depression starting with minimal depression, moderate, mild, and severe.

The dataset gathers the textual posts of the users who were published on Reddit social media platform<sup>6</sup>. The total number of users were 70 users, and the number of posts were 35000 posts which can be considered as a good dataset to initiate and further train the proposed screening system.

6 https://reddit.com/

#### 3.1 Dataset Introduction

eRisk is owned by CLEF whose main goal is to look at issues like assessment approaches, execution measures, and other issues that come up when building testbeds for early chance detection and prediction. The prescient apparatuses created beneath eRisk's shared tasks may be possibly valuable in several ranges, especially those related to health and safety. For illustration, caution alarms can be sent when an individual starts broadcasting self-destructive contemplations on social media. eRisk tries to instigate interdisciplinary investigation (e.g., related to data recovery, machine learning, psychology, and computational etymology), and the progresses created under this challenge would be possibly appropriate to bolster several socially important issues. In other words, given a stream of information (e.g., real-time Social Media entries), cautions should be lifted if sufficient proof of a particular risk has been established.

In our proposed solution, and to experimentally validate our proposal, we used task 2 of the eRisk datasets, which is related to diagnosing depression from social media profiles and manually filling out depression questionnaires. This activity comprises measuring the intensity of a few sadness-related negative consequences in a natural way. A survey with 21 questions about various emotions and well-being (e.g., sorrow, pessimism, and weariness) is offered for this purpose. Each address contains four to seven possible responses, each of which corresponds to a different level of seriousness (or relevance) of the side effect or behavior. A sample of subjects with their answers to the survey and their works at Reddit was given. To benchmark the distinctive approaches, a modern set of subjects and their writing which each group has got to anticipate their answers.

# 3.2 Data Pre-processing

As we mentioned in the previous section, we have two datasets, where one of them has the user posts over reddit, and the dataset has a subject ID. Also, we do have another dataset that has the results of the Depression questionnaire of the users which has an attribute named subjectID. We merge these 2 datasets using the subjectID to have them in one dataset where the label of the dataset is the result of the manual Depression Questionnaire.

After counting the number of the posts per Depression severity, we found that the number of posts that has Mild Label is 11858 posts, and the number of the posts that has moderate label are 10476 posts, the severe posts were 7610, and the number of the minimal posts were 5618 posts as depicted in Figure 3.

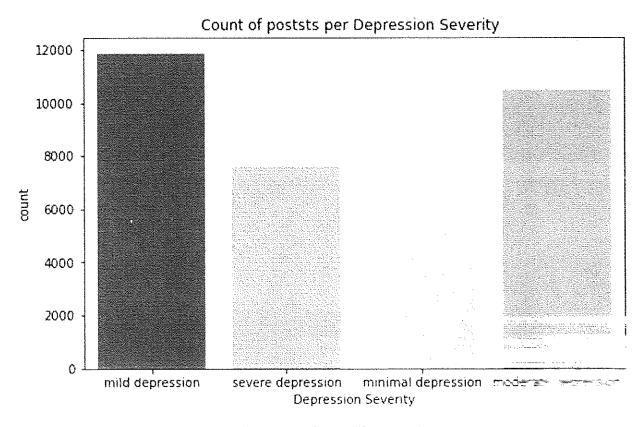


Figure 3: Depression Severity 1'S posts numbers

As a conventional task in NLP, the dataset must be cleaned and pre-processed to prepare it to be the training dataset to our machine learning model, especially that the machine learning model has different classifiers that all aim to give the best accuracy rates. We removed features that do not affect the system's correctness, such as the answer marks for each questionnaire question, because the most essential variable in this is the questionnaire's final evaluation. Also, we have deleted the title of the posts of the social media content and the info since all the posts were collected from a single source, that is Reddit.

For the textual content of posts, which is the most important variable in our analysis, we have done some cleaning and preprocessing tasks. For instance, before we count the number of words (term frequency) in each text, we removed the stop words which are consuming a lot from the text and it's not affecting the content of the posts. Then, we have removed the numbers and the null values from the text since the machine learning model input must have useful data to have the best accuracy.

#### 3.3 : Data Acquisition and Cleansing

Analysis of social media posts generated by real-world subjects in the context of screening depression can be seen as a data mining task that aims to calculate the sentiment orientation of a person's personality through the help of natural language processing. For analyzing the content, computational linguistics is utilized to infer and analyze mental information of Web, social media, and related references. Sentiment analysis in this regard has been utilized in numerous domains, such as healthcare and medical practices. In reality, there is a gigantic volume of healthcare data online, such as individual blogs, social media, and on the websites approximately

restorative issues rating that are not obtained methodically. Opinion analysis provides numerous benefits such as utilizing therapeutic data to realize the leading result to extend healthcare quality(Abualigah, Alfar, Shehab, & Hussein, 2020). For the evaluation process, we have used a well-known dataset (CLEF eRisk) that is used in several mental problems. This is for English speaking subjects. For the Arabic dataset, we have used public dataset which has been downloaded from Kaggle<sup>7</sup>. The English dataset has 35423 posts which have been collected from Reddit and for the Arabic 20,000 posts that have been collected from Twitter for Arab users. 50% of the posts that have been collected from the Arabic dataset are labeled as negative posts and the others are positive. The first task after the data acquisition is to clean the raw data as it normally contains some special characters, including hashtags, consecutive white spaces, URLs, and unnecessary symbols. In addition, there is a set of emoticons that we cleaned using a predefined set of icon representations. After this step, we proceed to the second phase of data processing, that is tokenization and feature extraction.

#### 3.4 Tokenization and Feature Extraction

After the stage of Data Acquisition and Cleansing, it's the time to start with the first stage of NLP Pipeline, which is the tokenization which can be affecting the final accuracy of the models that have been built based on the machine learning algorithms (Deshpande & Rao, 2017). At this point, the text will be converted into tokens, which are specific words. We discovered that the bigram gives the best accuracy on the outcome after using the ngram tokenizer. Especially when our English dataset offers multilabel depression severity classification. We tested numerous tokenization approaches on the Arabic dataset and discovered that the tweet tokenizer (Ciccone

<sup>&</sup>lt;sup>7</sup> www.kaggle.com

et al., 2018), which was created for Twitter datasets, provided the best accuracy. In terms of computational cost, using n-grams with n greater than 3 was very time consuming. In an earlier study in 2004, Pang et. al. have shown that unigram features are more significant than bigrams when performing emotional classification for movie reviews (Pang & Lee, 2004). On the other hand, other studies showed that coupling bigrams and trigrams based on extrinsic semantic resources provided better results than unigrams alone (Maree, 2021). Considering these conclusions, it was crucial to experimentally evaluate the utilization of n-gram tokenization as part of the large-scale SA process.

# 3.4.1 Stopwords Removal

Normally, text in social media has words that do not have useful information especially for training the machine learning models. One of the main important phases of the preprocessing is the stop words removal which aim to reduce the number of words that do not affect the meaning of the text and consume the time and the effort of the program in analyzing data that will not impact the output of the model (Kaur & Buttar, 2018).

The stopwords can be divided into two main categories: 1) the general stop words like (in, an, the, for, on, of, to,...etc) these stopwords are not related to any domain of work, and can be considered as general stop words that should be deleted from the raw text to prepare the text to be an input to the machine learning model. 2) domain-specific stopwords are those words that show up to be of small importance in determining the meaning of a given sentence in a specific domain. Usually, researchers use the TF-IDF to find all the domain stopwords.

For the Arabic dataset, one of the most important steps is to apply the stopwords filter over the raw text since Arabic language has a significant number of stopwords that will not affect the

system, but they can be costly for the machine (Alajmi, Saad, & Darwish, 2012). In the figure below, we list some of the Arabic stop words that we deleted from the Arabic dataset. In the project, we used the NLTK library in Python to delete all stop words.

Figure 4: Deleted Arabic Stop Words using the NLTK Library

#### 3.4.1 Word Stemming and Lemmatization Processes

In this phase, we use the raw text as input to stem and lemmatize the words. As reported by Hull (Hull, 1996), stemming is mainly concerned with the removal of derivational affixes in the hope of achieving a common base form for a given word (Porter, 2001). The objective of this process is to decrease inflectional shapes and obtain a common base form that expresses words in opinion sentences. After applying this stage, the text dimensionality will be reduced for the ML classifiers. This reduction in word dimensions makes a difference also to accurately decide the weights of the words and their significance within the content. In our project, we have used several techniques from the NLTK to test the best stemmer to be used in our systems.

Compared to stemming, lemmatization is another common morphological examination handle that has been broadly utilized for opinion examination purposes. It is basically utilized to remove inflectional endings to return the base or lexicon form of a word, which is known as the lemma. One of the most important points of interest of lemmatization is that a returned lemma can be normalized to get equivalent words, as well as other semantically-related terms from outward semantic assets such as WordNet and Yago (Plisson, Lavrac, & Mladenic, 2004).

#### 3. 5 Feature Extraction

For text mining and natural language processing, we have used ngrams. Ngrams consist of sets of co-occurring words within a specific threshold. Most of the work that has been done over the T2 task and the depression detection and the disorder of eating have used the ngrams. In the implementation phase, a tf-idf vectorization was done from the unigrams, bigrams, and trigrams. The scikit-learn Python library3's TfIdfVectorizer was used in this stage, with a stop-words list and the expulsion of n-grams that appeared in less than 20 records. The substance of a record was characterized by the concatenation of all the compositions of a client from all the chunks, within the preparing phase. Trigrams did not improve the outcomes and thus they were not utilized in the employed models.

In particular, we utilized the well-known TF-IDF weighting procedure with the combination of n-gram tokens and semantic highlights extricated from Wor-INet. As such, a sentiment sentence is assigned a weight based on Eq. 1. The unit we use to represent each sentence is D. We decided to use the variable D to denote sentences in the dataset to maintain consistency with the general terms used to define the TF-IDF equation.

$$TF - IDF(t) = (1 + log_{10} TF(t)) * log_{10} (N/DF(t))$$

#### Where,

- N: is the number of sentiment sentences in the corpus.
- DF: represents the number of sentences that contain the term t.
- TF: is the number of occurrences of term t in sentence D.

It is important to point out here that the TF-IDF feature weighting technique is applied on composite features extracted from pre-processed text of sentiment sentences.

To understand the dataset more, we have built the statistical description of the dataset, to see the number of texts per user and to show the statistical features like mean, median, mode, and standard deviation. For the employed models, these features appeared to supply significant outcomes at the training phase.

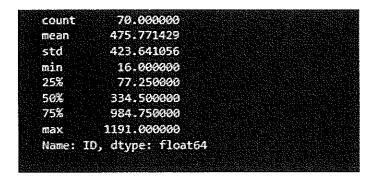


Figure 5: Statistical Overview of the Texts

In the context of the proposed solution, there was a need to detect the language of the text prior to starting the pre-processing and analysis phases. In other words, it's important to make sure that the text for all the users were written in the same language to apply the same methods over and make sure that all the models input are the same for each user, the figure below is the language spread over the text. We noticed that most of the text was written in Language.

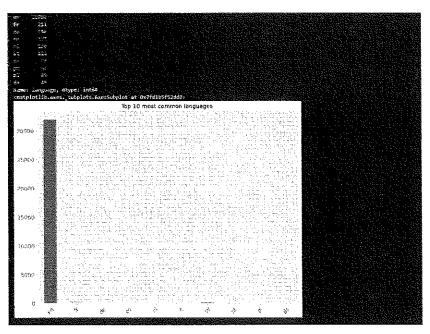


Figure 6:Language distribution over text

It's also important to know if the users have the same number of posts compared with other users. We have noticed that even the number of posts per user was different from user to another which is logical to occur in the dataset since the dataset is collecting the posts in specific timeline, the figure below is giving the username and the number of posts.

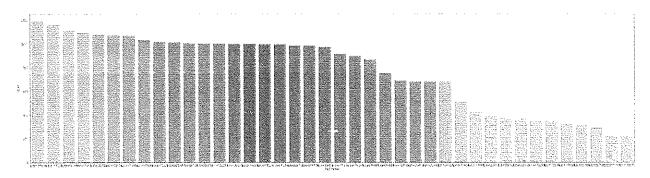


Figure 7:username posts number

Since the manner of users are 70 and the number of posts is close in some cases, we decided to show the show th

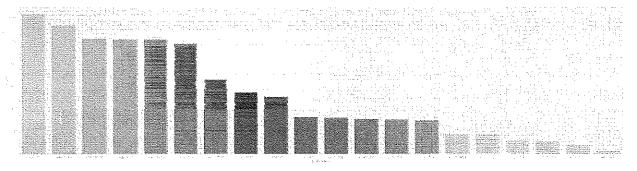


Figure 8: Top 20 usernames vs posts

For the text mining purposes, we have built the word cloud which will show an indication about the most frequent words that have been used in the text of the usernames, the figure below is showing the word cloud.

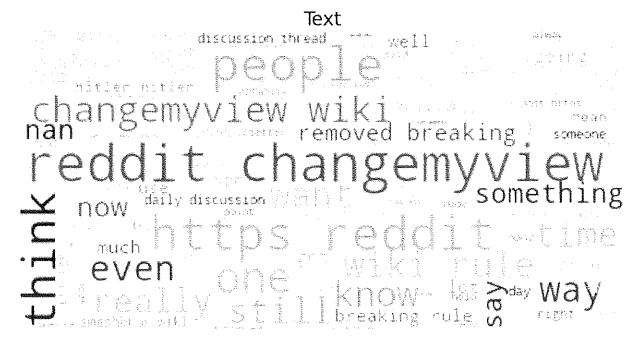


Figure 9: Text Wordcloud

We have performed wordcloud analysis for each severity of the depression, where we start with the severe depression that we labeled based on the analysis that is acquired from manually-filled depression screening questionnaire.

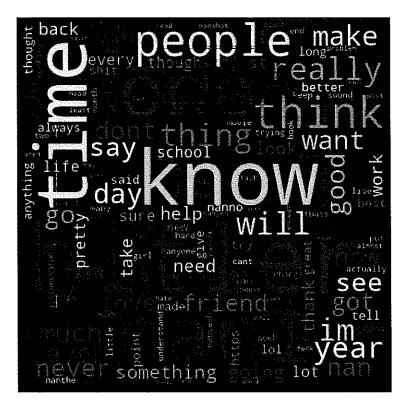


Figure 10: Severe Depression text Wordcloud

For the moderate severity, the wordcoud is shown in Figure 11 below:



Figu: ....ouc

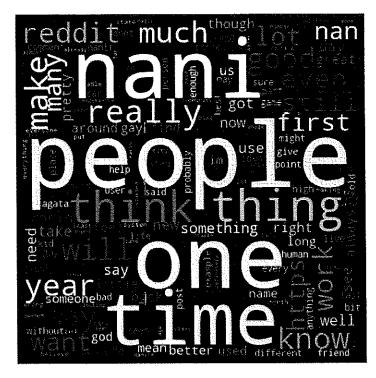


Figure 12: Mild Depression Wordcloud

For the minimal severity, Figure 13 depicts the wordcloud of minimal severity posts analysis.

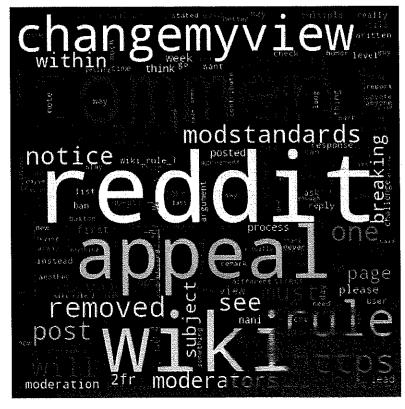


Figure 13: Minimal Seve

#### 3.4: Machine Learning Models

In the machine learning phases, we prepared the data by splitting the dataset into training and testing which were 0.8 for the training and 0.2 for the testing. The models that have been used were six classifiers which are: Logistic regression, Naïve Bayes, Random Forest, support vector machine, XGB classifier, and BERT.

Logistic regression is a statistical method used to predict the outcome for given independent variables. It predicts the probability of occurrences of events by fitting the data inputs to a Logit function where the natural log of the odds that Y equals one of the categories. The Logistic regression algorithm does not require linear relations between inputs and output variables. This will be based on applying a nonlinear log transformation to the odd ratio.

$$Logistic \ regression = \frac{1}{1 + e^{-x}} \tag{1}$$

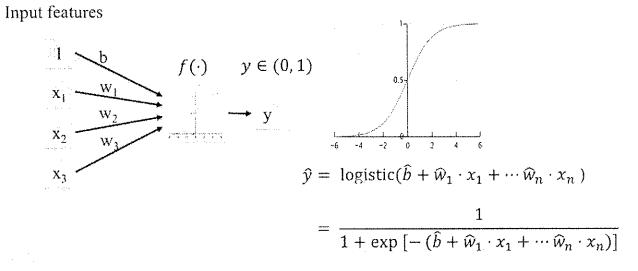


Figure 14:Logistic regression

Naïve Bayeson on the other hand is a probabilistic classifier that is but the Bayes theorem with naïve independence assumption between the independence assumption as a subject to the independence as a

requires several parameters linear in the number of the variables. It gives the issue instance a class label. The class label is chosen from a finite set, and the problem instance is represented as a vector of feature values. There is no one algorithm for training such a classifier; rather, it is a collection of algorithms based on the same premise. Class variables are present in all naive Bayes classifiers. The equation below shows the naïve bayes algorithms from the mathematical point of view.

$$P(features) = \frac{p(class) * p(class)}{p(features)}$$
 (2)

Where p(class) it is the conditional probability of a class in corpus, p(class) is the conditional probability of a feature related to a class and p(features) is the Likelihood of a feature.

In our system, we employed the multinomial naïve bayes that implements the naive Bayes algorithm for multinomially. It is one of the two classic Naive Bayes variants used in text classification and works with scattered data. The mathematically representation of the algorithm is shown in the equation below.

$$\widehat{\theta}yi = \frac{N_{yi} + \alpha}{N_y + \alpha n}$$

Where  $\theta_y$  is parametrized vector for each class of y. where n is the number of features. And  $N_{yi}$  and  $N_y$  are represent below.

$$N_{yi} = \sum_{x \in T} x_i$$

$$N_{y} = \sum_{i=1}^{n} N_{yi}$$

Which means the number of times feature I appears in a sample of class y in the training set T. The smoothing priors  $\alpha \ge 0$  accounts for features do not present in the learning samples and prevents zero probabilities in further computations. Setting  $\alpha = 1$  is called Laplace smoothing, while  $\alpha < 1$  is called Lidstone smoothing.

The third classifier we employ is the Random Forest, which is a categorization method that works by training a large number of decision trees. For activities requiring classification, it outputs the class that is the mode of the classes of the individual trees.

# Random Forest Classifier

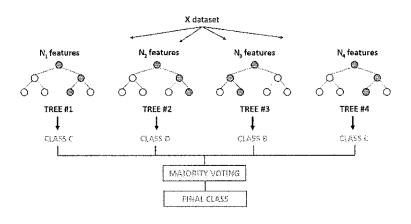


Figure 15: Random Forest Classifier

In a tall or infinite-dimensional space, a support vector machine creates a hyperplane or series of hyperplanes that can be used for classification., relapse, or other assignments like sentiment

detection. A great partition is accomplished by the hyperplane that has the biggest remove to the closest training-data point of any course (so-called utilitarian edge), since in common the bigger the edge, the lower the generalization blunder of the classifier (Agarwal, Xie, Vovsha, Rambow, & Passonneau, 2011; Alam & Yao, 2019; Hemalatha, Varma, & Govardhan, 2013).

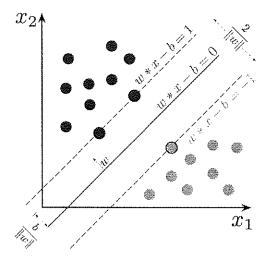


Figure 16: Maximum-margin hyperplane and margins for an SVM trained with samples from two classes<sup>8</sup>

This method separates these two sets of nonlinear data by finding the best surface separating them. With the aim of maximizing the margin between the two classes, as maximizing the margin reduces indecisive decisions. The hyperplane which separates the two classes (positive and negative classes) calculated as follow:

$$(\vec{x} \cdot \vec{y}) + b = \sum_{i} y_{i} a_{i} (\vec{x} \cdot \vec{y}) + b = 0$$
 (2)

Where  $\vec{x}$  is n-dimensional input vector and  $\vec{y}$  is output value (positive, negative).

 $(\overrightarrow{x_{in}}, \overrightarrow{y_i})$  together form a training dataset and  $a_i$  is a learning multiplayer

$$\vec{x} = (x_{i1}, x_{i2}, x_{i3} \dots, x_{in})$$
(3)

$$\vec{y} = (y_1, y_2, y_3 \dots, y_i) \tag{4}$$

Using eq.1 to construct hyperplane, its represented by vector  $\vec{w}$ .

$$\vec{w} = (w_1, w_2, w_3 \dots, w_n)$$
 (5)

Prediction classes determined at testing phase by following equations:

Positive if 
$$\vec{w} \cdot \vec{x} + b \ge 0$$
 (5)

Negative if 
$$\vec{w} \cdot \vec{x} + b < 0$$
 (6)

<sup>&</sup>lt;sup>8</sup> https://en.wikipedia.org/wiki/Support-vector\_machine

We also employ XGB boost, which is an optimized conveyed gradient boosting library planned to be profoundly productive, adaptable, and versatile. It actualizes machine learning calculations beneath the Angle Boosting system. XGBoost gives a parallel tree boosting (also known as GBDT, GBM) that illuminates numerous information science issues in a quick and precise way.

Additionally, BERT was utilized for the purpose of bidirectional preparation of language Transformers, which are different from past endeavors which looked at a content arrangement either from cleared out to right or combined left-to-right and right-to-left preparing. Figure 17 below shows the BERT model.

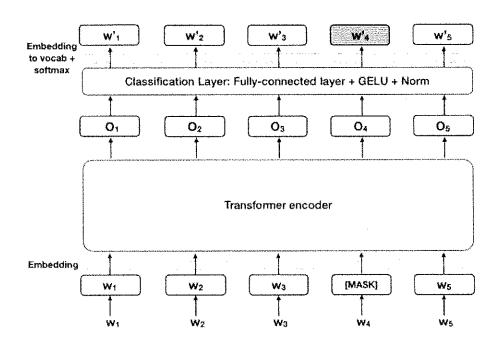


Figure 17:BERT Model

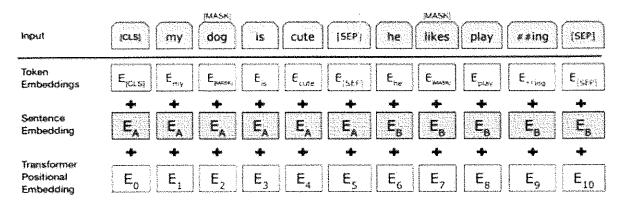


Figure 18: Source: BERT (Devlin, Chang, Lee, & Toutanova. 2018), with modifications

# 4. Experimental Setup

The main theme of our proposed solution is to assist psychologists in their manual time-consuming tasks for screening depression and identifying subjects that have symptoms of clinical depression with different severity levels. Currently, when the patient visits the clinic, he/she fills a manually-designed depression detection questionnaire. And normally it has human error either by doing it without attention or the patient would like to hide something since the illness that is related to mental illness has huge stigma especially in our society. According to this, there is a huge need to build an automatic system that helps the specialists to detect if the patient has depression or not, and if there is depression what is its severity level.

Our system is built based on a Machine learning algorithm that learns from the social media posts of the users and predicts the result of the depression questionnaire. Normally, existing systems provide a probability of a user's depression, however our system will provide the actual severity category of a user's depression level based on material submitted by users utilizing natural language processing algorithms.

To achieve this objective and develop the proposed system's prototype, we used Google's colab with Python programming language to build up the model as an environment. We also used the

sklearn library to help in the construction of the natural language processing pipeline. For the performance check of the models, we have used the confusion matrix that shows the precision recall, accuracy and F1 scores.

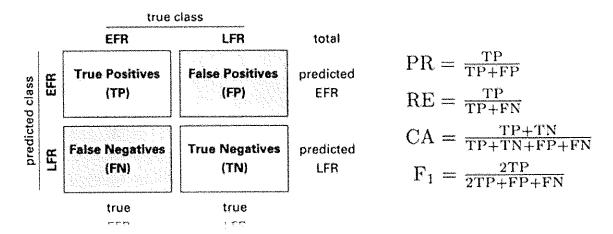


Figure 19: confusion matrix

Using the training data that have been provided by eRisk CLEF 2020, each occurrence of this dataset was characterized by the highlights specified in section 4.1 and linked to one user. For each user, the highlights were extracted from the sequentially concatenated works of all their chunks. For each model, we give the same data splitting between training and test to check the performance and we apply the classifiers that we have mentioned in the machine learning section of this thesis and get the values of the performance to compare the result to give the best result to system users.

# 4.1 Machine Learning Parameters Optimization

During the coding process of the project, we used different algorithms of Machine learning to predict the label of the social media posts. As we previously mentioned, we have used logistic regression, Naïve Bayes, SVM, RF, BERT, and XGBoost for the English language dataset. On the other hand, for the Arabic language dataset, we used part of these algorithms like the logistic regression, naïve Bayes, RF, and the SVM. To improve the testing accuracy of the system we used different optimizer techniques to see the effects of changing the parameters over the final accuracy of the algorithm, next section will summarize the results of the optimization parameters. Usually, the default parameters of the solver work well over most of the scenarios. But still there is a need to work over the solver of the optimizer in some cases like the huge dataset and the dataset that is built to perform prediction over huge datasets of text. The default solver of the classifiers is the ibfgs which is called Limited-memory BFGS. This solver just computes a Gaussian approximation based on the gradient, which makes it more computationally expensive. Furthermore, as compared to conventional bfgs, its memory usage is limited, causing it to reject older gradients and accumulate only new gradients as allowed by the memory constraint, newton-cg: Solver for explicitly computing Hessian, which can be computationally expensive in high dimensions. Stochastic Average Gradient Descent is abbreviated as sag. With enormous datasets, a more efficient solver is needed. Saga is a Sag variant that can be combined with 11 Regularization. It's a fast solver that's frequently used when dealing with very large datasets (Jaakkola & Jordan, 1997).

# 4.2 Discussion and Analysis of Findings

We used six classifiers over the training dataset. The training set has different variables that have an effect on the performance of the machine learning models. First, we started with the logistic regression algorithms which shows accuracy of 0.58 with the default values of the function but once we change the parameters the accuracy is fluctuating based on the table below:

Table 2:Logistic regression Accuracy

Number of tests	Ngram	LF solver	Accuracy
1.	(1,2)	Saga	0.558
2.	(1,3)	Saga	0.542
3.	(1,4)	saga	0.531
4.	(1,4)	lbfgs	0.532
5,	(1,2)	lbfgs	0.546
6.	(1,2)	newton-cg	0.558
7.	(1,2)	sag	0.558

For the Naïve bayes, we have tried the function over the default parameters values and after applying some parameters to check the performance change, Table 2 presents the results of the performance.

Table 3: Naive Bayes with n-gram change

Number of tests	Ngram	Naïve -Accuracy		
1.	default	0.503		
2.	(1,2)	0.479		
3.	(1,3)	0.478		
	(1.4)	0.474		

For the XGB boost, we have tried the default values and also the performance reflect after changing the ngrams values and the effect of changing the default parameters of tf-idf, the result is listed in the Table 4 below:

Table 4.302 loost Accuracy

Number of tests	Ngram	boost solver	Accuracy
1.	Default	Default	0.471
2.	(1,2)	Saga	0.474
3.	(1,3)	saga	0.471
4.	(1,2)	lbfgs	0.474
5.	(1,3)	lbfgs	0.471
6.	(1,2)	newton-cg	0.474
7.	(1,2)	sag	0.474

While testing the model using a random forest classifier the default parameters of the model function have produced close results compared with the result that we achieved after giving specific n-grams parameters to function, Table 5 shows the accuracy performance over the random forest classifier.

Table 5: Random Forest classifier

Number of tests	Ngram	RF -Accuracy
1.	default	0.49
2.	(1,2)	0.489
3.	(1,3)	0.489

As per the work done before, and the results shown, we have noticed that models are showing low accuracy and we started studying how can we improve the model's accuracy, so we designed a preprocessing function that has the cleaning text, removing stop words, calculate the tf-idf based on unigrams. The results of the story in the tables below.

The pre-processing steps that were

Text cleaning: which is the stage where we remove the special characters, numbers, and punctuations.

Pre-processing the corpus: which applies the same rule in the dataset and the features.

Encoding the labels: in our case we do have four main classes for the depression severity which are the mild, minimal, severe and moderate.

Compute the tf-idf: which will be removing the English stop words and use the unigram before calculating the tf-idf.

For the Naïve base model, the best accuracy was 0.503 while after applying the text cleaning and preprocessing stages we got the confusion matrix below.

Table 6: Confusion matrix of Naive model

otal time: 0.05s accuracy: 0.54400241	10910187			
	precision	recall	f1-score	support
mild depression	0.49	0.79	0.60	2171
severe depression	0.84	0.29	0.43	1067
minimal depression;	0.58	0.57	0.57	1956
oderate depression	0.58	0.33	0.42	1442
accuracy_			0.54	6636
macro avg	0.62	0.49	0.51	6636
weighted avg	0.59	0.54	0.53	6636

After applying the pre-processing phase, we got an interest the Naïve Bayes model. It was 0.503 And it becomes 0.544 with improvement of each depression severity label. Table 7 shows the confusion matrix of the details of each depression

severity. And Table 8 presents the predicted values of each depression severity using the Naïve Bayes model.

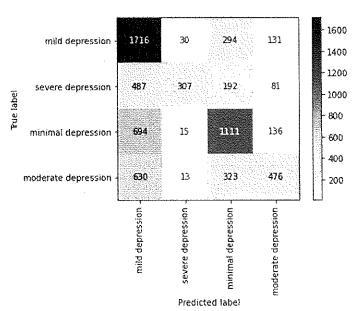


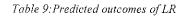
Table 7:Predicted outcomes of depression severity - Naive bayes

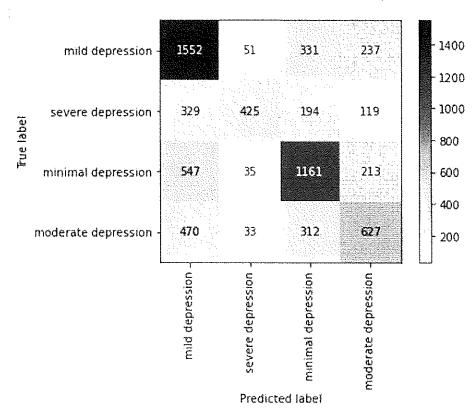
Next, for the Logistic regression, after applying the pre-processing and cleaning stages over the row dataset we have noticed improvement over the accuracy of the model and improvement over the F1 score of each of the depression severity categories. Table 8 gives the confusion matrix of the model.

Table 8: Logistic Regression Confusion Matrix

Number of documents = 26542   Number of features = 16105 Start trainingdone! Start testingdone! Total time: 11.56s accuracy: 0.5673598553345389									
	precision	recall	f1-score	support					
mild depression	0.54	0.71	0.61	2171					
severe depression	0.78	0.40	0.53	1067					
minimal depression	0.58	0.59	0.59	1956					
moderate depression	0.52	0.43	0.48	1442					
accuracy			0.57	6636					
macro avg	0.61	0.54	0.55	6636					
weighted avg	0.59	0.57	0.5j5	6636					

The accuracy of the Logistic Regression model was 0.558 while after applying the preprocessing phases the accuracy improved to become 0.57 and the F1 score improved over the depression severity. The predicted outcomes shown in Table 9 per reflect the various severity levels predicted by the utilized model.





We applied the support vector machine over the cleaned and preprocessed dataset, and the accuracy has shown better results compared with the other classifiers that have been built before. Table 10 shows the confusion matrix of the SVM.

Table 10:confusion matrix of SVM

Number of documents = 26542   Number of features = 16105 Start trainingdone! Start testingdone! Total time: 0.25s accuracy: 0.5658529234478602								
	precision	recall	f1-score	support				
mild depression	0.57	0.65	0.61	2171				
severe depression	0.60	0.48	0.54	1067				
minimal depression	0.61	0.55	0.58	1956				
moderate depression	0.48	0.52	0.50	1442				
accuracy			0.57	6636				
macro avg	0.57	0.55	0.56	6636				
weighted avg	0.57	0.57	0.57	6636				

The accuracy of the SVM is 0.61. While the prediction outcomes over the depression severity category shown in the Table below:

mild depression severe depression Tue label minimal depression moderate depression mild depression. moderate depression severe depression minimal depression Predicted label

Table 11:SVM Predict outcomes

Random Forest classifier on the other hand is not showing improvement over the accuracy even after applying the pre-processing and cleaning phases. The model was showing 0.49 and now after applying it showing 0.50, the Table 11 below which depicts the confusion matrix.

Table 12: confusion matrix of Random Forest

Number of documents = 26542 Number of features = 16105 Start training...done! Start testing...done! Total time: 9.62s accuracy: 0.4956298975286317 recall precision f1-score support mild depression 0.42 0.88 0.56 2171 severe depression 0.96 0.27 0.42 1067 minimal depression 0.65 0.40 0.50 1956 moderate depression 0.56 0.21 0.31 1442 accuracy 0.50 6636 macro avg 0.64 0.44 0.45 6636 weighted avg 0.60 0.50 0.47 6636

And the predicted outcomes based on the model are illustrated in Table 13.

1750 1900 mild depression 5 154 112 1500 1250 severe depression 623 291 107 45 True label 1000 750 minimal depression 10715 5 790 85 500 moderate depression 3 169 308 250 mild depression severe depression moderate depression minimal depression Predicted label

Table 13: Random Forest predicted outcomes

As we mentioned before, the boosting algorithm has been used and it was showing accuracy of 0.474 and after applying the cleaning phase it has been shown 0.49 as per the confusion matrix below.

Table 14: Confusion marrix of Gradient boosting

ccuracy: 0.49487643	15852923 j			
	precision	recall	f1-score	support
mild depression	0.41	0.85	0.55	2171
severe depression	0.88	0.34	0.49	1067
minimal depression	0.65	0.36	0.46	1956
moderate depression	0.58	0.26	0.35	1442
accuracy			0.49	6636
macro avg	0.63	0.45	0.46	6636
weighted avg	0.59	0.49	0.47	6636

The predicted outcomes of the gradient boosting shown in the Table 15 below.

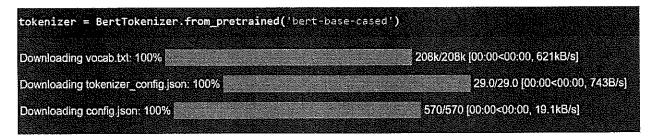
1750 170 129 mild depression -1849 23 1500 1250 581 350 87 39 severe depression Tue label 1000 750 99 11(5) 17 707 minimal depression 500 11 131 368 250 moderate depression mild depression severe depression moderate depression minimal depression

Table 15: Gradient boosting predicted outcomes

For the BERT Analysis, we have used the pre-trained model by BERT to train the data with 5 epochs and the accuracy of model starts from 57% and ends with 87% on the last training stage.

Predicted label

This Model is taking time to train the model over the dataset especially that the dataset that we have is huge and the training must go through 80% of the dataset. Also, the training is consuming processing power according to the huge computation that happen over the data content to fetch the useful information and explore the result.



BERT 1:Tokenizer

```
sentiment_model.compile(optimizer=optim, loss=loss_func, matrics=[acc])
hist = sentiment_model.fit(
    train_dataset,
    validation_data=val_dataset,
    epochs=5
)

Epoch 1/5
1658/1658 [==========] - 1467s 878ms/step = loss: 1.1110 = accuracy: 0.5125 = val_loss: 0.9767 = val_accuracy: 0.5798
Epoch 1/5
1658/1658 [=========] - 1453s 876ms/step = loss: 0.9225 = accuracy: 0.6164 = val_loss: 0.8255 = val_accuracy: 0.6634
Epoch 3/5
1658/1658 [===============] - 1453s 876ms/step = loss: 0.7693 = accuracy: 0.6968 = val_loss: 0.6787 = val_accuracy: 0.7993
Epoch 4/5
1658/1658 [===============] - 1453s 876ms/step = loss: 0.6044 = accuracy: 0.7661 = val_loss: 0.5223 = val_accuracy: 0.8117
Epoch 5/5
1658/1658 [===============] - 1453s 876ms/step = loss: 0.4578 = accuracy: 0.8299 = val_loss: 0.3914 = val_accuracy: 0.8678
```

BERT 2: BERT Accuracy

For the Arabic dataset, we have built several techniques using various Machine learning models to predict the depression status out of the social media posts. We started the work over the Arabic dataset by implementing the tokenization over the text using several techniques.

1) Tokenization: in python we use the split function which is a built in function in python.

```
df2['split']=df1['Text'].apply(lambda x: str.split(x))
af2
```

	Text	Label	split
1	الْبَلَازِين يَجِي مَن الْسَعُونَيَّة بِأَقُلُ الْإَسْعَارُ وَ الْحَكُومَةِ	NEG	البنزين، يجي, من, السعوديم بأقل, الاسعار, و]
2	الله يوخنكم	NEG	[اعّدو يو هشكم]
3	يلاسف البعض يعتد أن المفاعل النووي سيطن مشاكل	NEG	الله البحض يعتقن ان المفاعل الدوي سح
4	المفاعل الثووي سيعتاج لشريك استراتيجي يمتلكه ا	NEG	المقاعل الثوري سيطاج لشريك استراتهجي يد]
6	المفاعل الدوري سيحتاج لشريك استراتيجي يمتلكه ا	NEG	المفاعل: اللووي, سُبِحثاج، لشريك، استراتيجي، بد
•••	•••	***	
396	اکید لو فمی کده الدندیا	POS	[اكيد، أبر, في, كنه, النانيا]
397	الله يقويك	POS	[الله بتريك]
398	و الله تنف ننسك ده بيتول كلام زى الغل	POS	[في الله ِ ثقف ِ الله على دم بيتول ِ كلام زير الثل]
399	كل الاحثرام	POS	[كُلَّنَ الإحترام]
400	لعم	POS	[txx]

Figure 20: Python split function

### 2) Wordnet Tokenizer:

df2["wordnet\_tokenizer"]=df2.apply(lambda row: nltk.word\_tokenize(row["Text"]), axis=1)
df2

	Text	Label	split	wordnet_tokenizer
. 1	. البنزين يجيى من السحرينيه يكل الاسعار و الحكوم،	NEG	والبغترون بحي من, السعردوم يالان, الاسعال و]	الْبَلَائِيْن يِجِيّ مِن الْسَعِيْدِ، بِأَقُلْمُ الْأَسْعَالِ. و]
2	الله يوخنكم	NEG	[انس بوخذكم]	[الثم يرخنكم]
3	. لْمُرْسَفُ أَتُبِحِسُ بِمِنْكُ أَنْ الْمُفَاعِلُ اللَّهُورِي سَبِحُنَ مِشَاكِلُ	NEG	الطبط، الجمعر، يعتقم أن المفاعل، التووي، سنح]	اللاسف البعض ينتشران المفاعل التوريم سنح
4	المقاعل اللغووي سيطناج للعريك استراتيجي يملئكه ا	NEG	المقاعل، الدووي، سيطاح الشريك، استرشهي، بدل	. العفاعل، النروثيي سنهطاج لشريقه استراثيجي. بع
6	المفاعل الثوري سيحتاج لتمويك استراتيجي يمتنكه ا	NEG	الله الله الدوي سيحتاج لترطع استراعيمي بد]	المفاعل، الدروي عبطاج الشريك اعتراتيجي يع
***	0		***	
396	اكب لر في كند الدنيا	POS	[اكت، أبور في كندر الدنيا]	[الكِنْدُ أَوْنَ فَيْنَ كُنْمُ اللَّهُ عَلَيْهِ]
397	الله يقريق	POS	[القر الفوائح]	[الله ينويك]
398	و الله ثقف التد الله ده بيغول كانه زاي الغل	POS	﴿ اللَّهُ عَلَىٰ عَلَىٰكُ مِمْ يَعِلُونَ إِكُمْ رَبِّي اللَّهُ}	<ul> <li>(ق) أشم ثقف نفسكم دم بيتول كالم رئى النل]</li> </ul>
	كان الإحتراء	POS	إكل الحرء]	[كال. الاحترام]
44.	لعبر	POS	[===]	[ \ard-]

Figure 21: wordnet Tokenizer

Also in the second phase we performed the stemming over the text to see the Arabic words that have been used by the users. Figure 22 illustrates the code and the output when using the Lancaster stemmer:

```
def lanc(words):
    lanca = LancasterStemmer()
    return [lanca.stem(word) for word in words.split()]
df2['Lanc_stemmer']=df2['Text'].apply(lambda x: lanc(x))
df2
```

	Text	Label	split	wordnet_tokenizer	Lanc_stemmer
1	ألطارين يجي عن السعوننية بألل الاصعار و الحكومة	NEG	الْيُقْرَيْنَ يُجِيءَ عَلَى الْسَعَوْنَةِ مِ بِالْكُنِّي ٱلْأَنْسَعَالَ } وَ}	البائزيل. يجيء من السعودياء بالله الاسعار و	ئېنزېن يېږ. س السعوميم بالها الاسطى و]
2	اشه بوحثكم	NEG	إنقم برهنكم]	[القر بوختك	[ش, پيرخاگر]
3	. المُنْسَفُ الْعِمْنُ يُعَلِّدُ أَنْ الْمُثَاعِلُ الْتُووِيُ مَنْهِمُ مُشَلِّكُ	NEG	. لَكُمْ فَا الْمُعَالَى الْمُعَالِمِ الْمُورِي مِنْ إِلَيْهِ الْمُورِي مِنْ إِلَّهِ الْمُورِي مِنْ	اللاف البعض يختم أن المفاعلي الوري سخ	ر الشف البعض يعتقم الله المقاطر الاورثي سنج
4	الْمُفَاتَعَلَ الْقَرِرِيْنِ سَيْحَالَجَ لَـُسُرِيْكُ الْمُشَرَاطِجِي بِمِنْكُهِ ا	NEG	ر المناعل الترري سيمتاج كتربك الكراتيجي يرا	رافيناطر فرري بيشاج لشرك استراتيين وا	ر. قىقاغلى ئىرونى ئېرىكانى ئىتىرىك ئىشرائىجى بىر]
6	ر المقائل اللوري سيحتاج للمربك استراتيهم يمناكه ا	NEG	_ السناعل الدوري سيمتاح لشريك استراتيجي برأ	ر المفاعل، التروي, سيحاج، لشريكم استراتيجي. يم]	المناعل الدري سيمتاج لتريك استراكيمي بر
,				•	
396	المجد أور أهني كناه الله عيدًا	POS	[انكيام أمور فني كندم الدنتيا]	[الحجار أمور عمي، كذه, الدنية]	إنجيه لو في كنم الدين
397	الله بالويثك	POS	[القمر يلوطِك]	[أنقم بالووك ]	إنشر بفوينية }
398	ر اللہ تنف نفسك ده بيقيل كائم زي غان	POS	﴿ فَمْ تَقَدَمَ فَضَلُمُ مَمْ يَوْمَنُ كُلُّمْ رَيْدُ النَّارُ }	(ر الم ثنف (شماه ردم بيفول كالم زي الغلل)	[مر الله تفقم نقبك عام بيتوان كالم وي ظف]
399	كان الإحلارام	POS	(كان الاحترام)	[قل الاحترام]	[گلم الاسترام]
400	,est	POS	[24]	[.42]	[

Figure 22Lancster lemmatizer

We have also used the ISRI stemmer to check what will be the best function to be used in our work as depicted in the below figure.

```
def stemming(words):
    st = ISRIStemmer()
    return [st.stem(word) for word in words.split()]

df2['Isri_stemmer']=df2['Text'].apply(lambda x: stemming(x))
df2
```

300 ming a ming --

	Text	Label	split	wordnet_tokenizer	Lanc_stemmer	srl_stemmer
1	البخارين يجي من السعودية بأثل الانسال و المكومة	NEG	البنزين يهي. من السعوديم ياقل) الاسعاريان	الْهَادُونَ يَجِي. مَنْ إِلْأَسُونَهِمْ يَكُلُّ الْاَسْعَالُ ] ول	الْبَنْرُيْنِ بِهِي مَنْ السَّمِنِيَّمِ بِالْقُلِّمِ الْأَسْمَارِ } - ال	على وهي. من سعد الآن سح، بر حكم عند] الله
2	الله پرخکک	NEG	[الله برخاكم]	(الله برخاكم)	إتر برحك)	(اقر وخد)
3	ئاتئىشە ئايىمەن يىققد ئان الىقا بىل ئايروپى . سېچان ستانگ	NEG	تَطَلَقُونَ الْمُعَمَّرِينِ بِمَلَقَدِ الذِّ الْمُعَاطِّلِيلِ والتوروني سَيْج	الأسفام البعض يعتبران المقاطم العوانيم] . . يعين	الْأَسْفَاءِ الْمُعْضِيَّ بَمِنْكُمْ اللَّيْ الْمُفَائِشِّيُّ } الْخُورِيُّ سَيْحُ	التعدد جحميل علام الل قبل الرهي وحلَّم لا الله إ واقتصاف
4	السائاعلى الدواني سهمتاج نشريك استراتېجى . يىكلىگە :	NEG	العناعل اللووني سيحتاج الشريثه] . استراتيجي يو	الله الدوني سيختاج الشريك] . استراتيجي يع	الدياش. الثوري، سيحتاج الشريك.] . استراتيمين يم	نعل بري خاج آئنل المنزائيجي ملك او] جزء
6	المقاطل الدرري حيحاج اشريك اكرائيجي . ممثكم أ	NEG	الله الحالي العربي المبحث المراكم ] الماكر الوجي إليه	المقاشل الذرري. سوختاج الشريقة.} . استراتيجي. يو	الدفائق الشهري بالمحتاج الدريك) استراتيجي يد	قعلى توتي حكن لشن المتراكيمي علكم الى } مجره
^-					•••	* -
396	اكب أمر قبي كنده النشيا	POS	[اكتبر أو, في كند الناتيا]	[الكيم لو في كامر النتيا]	[كند أبي لهي تثمر التنتيم]	[الحدر لمور فعي كدم عد]
397	الله بنويك	POS	[اللم بغريك]	(الله يغويك)	إنتم ينريك	(الله بلو)
398	ر الله تتف بصلة بدليتول عجا وي اللا	POS	در الله عقدر الفسطة الدر عوقائل كالأمر] [قام: الله	ان الله فقص فصله در پهوائی کاف از ی.) [تقر	ی اللہ اللہ اللہ عملکے سے بیٹرٹی کاٹی رہے] [اللہ	[ن کی قف علی در یق کی زی افل]
399	غل الاحتراء	POS	[كل الاسترام]	[2]. 17:22[4]	[2] 17:22(4)	إكار حرم
400		-	[]	[1]	[~]	(~·)

Figure 23: ISRI stemmer

Then we have removed the stopwords of the Arabic language to make sure that all the words that will enter as input to the model have a contribution to the meaning of the text. Figure 24 shows the output of the stopwords removal function of using the NLTK library:

Text Label		-	www.pokenizer	Lanc_stemmer	lsri_stemmer	no_stopwords	
	البلايان يجي من السعوبية بالخا الاسعار و المكومة	NEG	فيرين يچي بن فلنعونوم] پنجي «نجري»	المُشرين، يعن، من، المسمولاتم بالحل ( ) المسعود و	ا البنزين بجي من السرعيم باقر] السعاري	بلل زجی حق ست، تقم حد، د. [ ا حکم عد، مل	البنزين بجي السموديم بأثق.] الاسطر العكوم
2	الله بوعتكم	NEG	[الله بوختكم]	إلى برخنگ	[تس بوخنكم]	الله رحا	[القر بوخذكم]
3	للشمه البعض بحث ان الملائل اثوري سيعل مشاكل	NEG	الشف. التعض بحقد (ن) المقاعل الفروي سبح	أشف الهنض بخد أن الفاعل] . التعاليد منح	الأشف، البعض يعند الن المقاطن.] . اللاردي سجح	الىقىر يىغان ئائدر ائار قىڭ ئارىي.} . يېڭى ئىكاير الانسىان	للشُّف إلليحش يعلقنم ان المقاعل)} اللعادتين سيج
4	العقائش الدوري بهجناج للدولاد رانسكرائلوس بعائله ا	NEG	السائل النووي سيمناج] التريث استرانيجي، يم	المقاطل، النوريي سيطاح، لشاريك) …استراتيجي بو	الدفائق النووني سيطاج فتاريكم} الساراتيجي نيد	لطَّ، ٹرنی حاج لتر۔ اسٹراکیمی:} مللہ لی جارہ	العقائل الثوري. سيطاق لشويك] . العفر اليعني به
б	المُدَّامَّلُ القروي دفيعتَّاجِ لَشَرِيكَ السَّمَرِ التَبِيمِي يَمِنْلُكُهُ !	NEG	المفاعل، التروني. مصحتج. [ الشرائلة، استراتيجي. يُه	المثالثُ، التوري سنطح، شريعً] الـالوائِجي، يم	الله الدوري ديناج لدريك. . استراتيجي يم	قطار توي. حاج، لثمر المشرائيجي.) بطائم أن جزء	المقاعلي الثوري سوحاج الدريك] اساراليتي. يم
***					• •	•	***
396	الحيد أم تني كنه النانيا	POS	[کے لو فی کیر شنیا	[اكبر لور في كسر المثنيا]	[اكتِدر أني في كنع النتيا]	[اگتر لور فی کادر نتا]	(لکبن فی کدم الدند)
397	ا الله بقویك	POS	[المم بفويك]	[الله يتويث]	إنتم يتريك]	(الله, يلمي)	[النَّم ﴿ وَيُلْكِ ]
398	و الله تقف نضله در بیقرل کاتم زنی القار	POS	ى الله المقدر المسلك در اليقول إ إكامتر ارش التان	ور الله علم الفائح مع الإقرار كاند.] [رئير الل	ن الله المقدم الفكم دم بعِدْوَلُ. كالار] [ارائي القال	م. قال تبلغ قدر دم يقل كام رئ.[ [الله	اللَّمَ تَقَفَّمُ مَسْلَعُمُ مَمْ بِيقِيْلَنِ كَاثَمِيًّا [رَيْنِ ثُلِقًا
399	خَ <sub>ن</sub> َ الْأَعْضِ م	POS	إكان الاحترام	[لأن الاحترام]	إكلم الاحتوام]	الک، هرم	[الاحتراء]
400	نم	POS	[44]	[,]	[]	[24]	13

Figure 24: Arabic nltk stopwords removal

Then we lemmatized the text using WordNet lemmatizer and the result are shown in the Figure 25 below:

f2								
	Text	Label	split	wordnet_tokenizer	Lanc_stemmer	lsri_stemmer	no_stopwords	wordnet_lemmatize
1	لَيْلارِين يجي مز السعوسية بأثل الأسعار و الحكوسة	NEG	فيترون يعي حريا المعربوم بالأر الماكنة و	التوزيق يجي. من السمونوم بالك.) بالاسمان و	البازيان يحيى من السعوديم] يتأثن الاستان ي	بلار پچی من سخم اقال] المحد برر حکر عشر نیل	البنزين بمن السربية بكل] الاستان المكيم	ئائزائن بچى من اقسمودۇم ياڭ) ئائسىدى ئ
2	الله ين لهذاكم	NEG	[الد بوخلك]	الثمر بوخنكم]	إالته بوخنك.]	الله رضا	[الله يوطنك]	الله يرحنكو
3	لْمُدَيْثِ اللّٰهِ فَقَالَ اللّٰهِ فَقَالَ اللّٰهِ فَقَالَ اللّٰهِ فَقَالَ اللّٰهِ فَقَالَ اللّٰهِ فَقَالَ اللّ مشالكُ	NEG	لڭىلىم قېمىن يېتىد) ان لىقاعل قىرىي. سىلچ	قطسف البعض يعثث ال.) رائمة تثلى الدوي حج	الشف الليمور يعتشر ال.] المفاعل المورتي سوح	النف بعض عشر ان فعل] توي يعلى عكل التصاد	(شف بالبحد، يمكن ان) رانساعل، الدوري، سنج	لأسفار البعض يعلق ان الطائط] . النوري سنح
4	العقالة الذوري مجدلج الدريك استر الوجي يستكه إذ	NEG	المداعل، النوران.) سیمتاح، تشریقه استراتیجی، نه	المنائل اقوري البخاج الدرية] النظرائيمي به	المفاعلين الثوري سيخالج) بالتوباق المفراتيجي يو	عطم فرني حاج لائز ] إنظر تبعي مثال أو هزه	المشاطلة القوري حيطاج) المراقد المقراكيمي بد	تحديثي الفورني م <u>يحدي لدريثم]</u> الستراتيجي, زم
6	المداعل الدروي سيطاج تشريك استراتوجي بسقكه أ	NEG	المداخل العربي) سرمدج شربك سنر غيجي يه	المغاش النوري سيطاح للنويك. . استراكيمي إو	الهذاعل الدري البحثاج] المدريك المتراتوجي بو	لطر اوري, حاج الشر } إسرائيهي ملك أور جزء	الْمَقَاعَدُرِ الْقُونِيَّ بِيحِيْعٍ} ئُنْمُونِگُهُ الْحَدْرُتُهُمِنِي بِهِ	ىدائل. ئىرونى جىداج ئىرىك.] راسئوالىجى بو
						* *		
396	الكنائر في كدا أفلتها	POS	اکتے لی فی کند] [المنتِ	(انگ شر می کنم لختیا)	[کید لی فی کار النجا]	(ئگ، لور في ك.د. ندا]	[اكبتر في كنم الدنيا]	كبدر أبور أفين كدم اللها
397	الدنفويك	PQ5	$\{\underline{\varphi}_{i},\underline{\varphi}_{i},\underline{\varphi}_{i}\}$	[25, <u>1</u> 2, 26]	(ش بنوبك)	(الله يخي)	إش بنوبك)	آثار بغريفة}
398	ر شاعف نفسك د. ييفول كام راي الل	P05	ن النمر تنفق نفسك دم) (بنوان كالم رئى الك		ر الله تقطم تلك عار يطول: } [كاند رق الله	بر اللہ تلک دندن دو بطق } [کلم ترقی نمال	اقر عقد الليكم بدريتول] [كان زائل الق	، علم گفت علائق مار بیلول کاشی} زیر افال
199	الله الانحاراء	POS	[كلي الاحشرام]	[قر الاحرة	(ق. الكراء)	[كن, حر.]	[الأحق ء]	في الأمراء]
100	نص	POS	(احمر)	[44]	[]	[=1]	1)	

Figure 25: WordNet Lemmatizer

We have tried the qlasdi expired in Figure 26 below:

```
def lemma(words):
    lm = qalsadi.lemmatizer.lemmatizer()
    return [lm.lemmatize(word) for word in words.split()]

df2['qalsadi_lemmatizer']=df2['Text'].apply(lambda x: lemma(x)]
df2
```

	Text	Label	splît	wordnet_tokenizer	Lanc_stemmer	ಜ್ಫಾಯಾಗಾಗ್	nc_stopwords	wordnet_lemmatizer	qalsadi_lemmatizer
1	البنزين بچي من السعونيه باقن الإنسطال ي سالمشوعه	NEG	التبازين. يحمر[ من السعونية بالقار الإسعار سنة	المجترفة، وهي من السعودية] إلى الاسعار و	اليفرون يجيء منم] السعوميوم الأقار الأسعال ابد	یش پھی من سمد] آفل سعی بن حکم عدم بیان	البلايان يجي السرياي. ياقام الاسطان الحكوم	البلائين. يجيء من السعودية] يأثلن الاسمال ي	غزين, وهي. على السعوب.] الله الإحمار ورا ال
2	الله بوختگ	NEG	(أنَّم بِيخَذَكم)	(ئى برختك)	اشر برخائم	[الله ولهذ]	[الم بوخلكم]	الله. يوختكم]	إنشم بُوخِكِكم]
3	لاشف الإمس يحقد أن الملاط التوري سيط مشاكل	NEG	ئائست البعض] بعثم ال الطائف الثروي سائع	ا المسلم فيحتر (منذران) الماغل الترويي منح	تأثيم البحور يختد] أن المفاعل الديري. منح	اسف بعض عقد ان ] قبل الدتني بطن اسكن التحسد	الشف البعن بخلن) أن فعاعل الوري . بنج	الأحقر البحض بعض التر] . الطاعك التروي حج	أسف ينصير العقام أني مقاملًى} بقودي، ألحل مشكل
4	المفاعل الأوري سيحتاج لشريقه استراكيجي بمنشه راأ	NEG	المفاعل، التهدي. أ خطاح الشريقة. راستراتيجي ب	السفاعل، الثورثي سيمتاع] لشريع: استراتيجي يم	المشاعل، اللووني، سيحتاج.] . يُسُمريكم المكن تهجير بد	فغلم ترني. هنجر تشريا استراقيجي مثلقر اور جزء	المقاطري الدوري أ سوطاح المراك. السترائيمي ي	شفاطل الفروش سيطاج.] فقريلة, اشتراتيجي. يم	مفاعل، نووق، احتاج، شرق.) استراتیجی، عظام او
6	المقاطل الاوري سيطاح الشريك استراكيمي بمطكم أ	NEG	المفاطل، التوري.} منهمتاج، الشربلة. ر. استرالتيمين، يع	الْمُغَاظِّر طُورِي بِيمِكَاجٍ.] القرابِكُ الطَّرَائِكِجي لِم	المفاطل النوري سيحتاج] ر التربط الكرائوس يم	قعل، توقی، حاج، لشند] استراتیجی، ملک، بی ریجز،	المدائش اللوريق.) سيحكاج, الشريك. المشرائوجي. يع	المفاعل، اللويري, موحدج] رامويلة، استراتيجي پو	مفاعلة نووني العالج شرتي) راسلالتوجي امتلكم ال
•••									
396	ائتېت لمو فعی کنده النشا	POS	اگلِنم أمر فحى] [كام العالميا	[اكيد نور في كسر السيو]	[اكتبر لو. في كندو النظية]	إكر لور في كند بثاً}	(الكيفر في كنسر النانية)	[اكيد كور تي كند الدنيا]	[الكيتر قن في دمي نائد]
397	الشريدراك	POS	إنّه يئر <u>نام</u>	[تر بورگ]	[الله يتوبك]	[لا. بنی]	القد بتريفة [	الله بالربائة]	التد لقرق

Figure 26: Qalsdi Lemmatizer

After preparing the text, we employed the Machine learning algorithms starting the Logistic regression model as demonstrated in the Figure 27 below:

```
#logistic Regression
pipe = make_pipeline(TfidfVectorizer(),
LogisticRegression())
# make param grid
 param_grid = { logisticregression_C': [0.01, 0.1, 1, 10, 100]}
 # create and fit the model
 model = GridSearchCV(pipe, param_grid, cv=5)
 model.fit(X_train,Y_train)
 # wake prediction and print accuracy
 prediction = model.predict(X_test)
 print(f"Accuracy score is {accuracy_score(Y_test, prediction):.2f}")
 print(classification_report(Y_test, prediction))
 Accuracy score is 0.81
                         recall fl-score support
              precision
           0
                   0.79
                             0.82
                                      0.81
           j.
                   0.83
                            0.81
                                      0.82
                                                  42
                                       0.81
    accuracy
                   6.81
                             0.81
    macro avg
 weighted avg
                   0.81
                             0.81
                                      0.21
                                                  80
```

Figure 27: Logistic Regression

When utilizing the Random Forest, an accompany achieved when using the cleaned text after applying all the filters and removing the code, as well as the results produced by the

Figure 28: Random Forest over Arabic Dataset

The Naïve Bayes model on the other hand shows 80% accuracy over the dataset, as depicted in the below figure.

```
#Maive Bayes Classifier
pipe = make_pipeline(TfidfVectorizer(),
                   MultinomialNB())
pipe.fit(X_train,Y_train)
prediction = pipe.predict(X_test)
print(f"Accuracy score is {accuracy_score(Y_test, prediction):.2f}")
print(classification_report(Y_test, prediction))
Accuracy score is 0.80
              precision
                          recall f1-score support
                  0.74
                            0.89
                                      0.81
                                                  38
           O
                            0.71
                                      0.79
                  0.88
          1
    accuracy
                                      0.80
                                                  80
   macro avg
                  0.81
                             0.80
                                      0.80
                                                  20
weighted avg
                  0.81
                             0.80
                                      0.80
                                                  80
```

Figure 29: Naive Bayes

Next, using the support vector machine model, an accuracy rate of 81% was obtained. Figure 30 shows the performance matrix using this model.

```
#Support Vector Machine
pipe = make_pipeline(TfidfVectorizer(),
svc_model = GridSearchCV(pipe, param_grid, cv=3)
svc_model.fit(X_train, Y_train)
prediction = svc_model.predict(X_test)
print(f"Accuracy score is {accuracy_score(Y_test, prediction):.2f}")
print(classification_report(Y_test, prediction))
Accuracy score is 0.81
            precision
                        recall f1-score
                                        support
                          0.79
                                   0.80
          0
                 0.83
                                              38
                                             42
                          0.83
                                   0.82
          1
                 0.81
                                   0.81
                                              80
   accuracy
                 0.81
                          0.81
                                   0.81
                                              80
   macro avg
weighted avg
                 0.81
                          0.81
                                   0.81
                                              80
```

Figure 30: SIM of Arabic do a

## 4.3 Visualizing the Significant Terms

In this section we would like to highlight the main significant terms that express the knowledge behind each of the depression severity. In this section, we presented the findings as tables to highlight the most frequently used terms by depressed individuals and to exhibit them as a word cloud.

As far as we know, the severity of depression in our dataset has been unequally distributed among the severities because the true data was gathered from social media postings written over the course of 2020. The percentage of each severity is shown in the pie chart below.

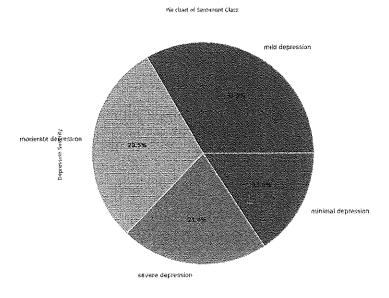


Figure 31:Depression Severity percentage

Also, we have built a variable called the word\_count that counts the word occurrences in the dataset to know what are the most frequent words that have been used by the users when they write their posts over the internet. From this variable, we found that the top 20 words that have been used are listed on the table below.

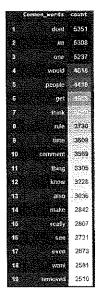


Figure 32:Top 20 terms that have been used by the users.

We also used the plotly library in python to show the words in a way that will be much easier for checking.

Tree of Most Common Words

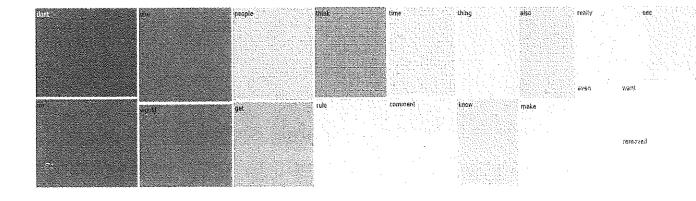


Figure 33:Plotly top 20 used terms

From the table and the plotly result that we have mentioned above, we noticed that term (don't) is listed. While it should be regarded as a stop word, however we should not remove it in this context. In other words, we don't remove it since the negation word can affect the polarity of the sentences and because of this its effecting the depression severity as well.

Next, we depict the words and terms that have been used most frequently in each depression severity. We will start with the Mild depression. For the mild depression, we noticed that the users have used the term (Like) as the most frequent word which is 2343 times in the posts. The figure below shows the words and the counts of the mild depression posts.

#### Commmon Words in Mild depression

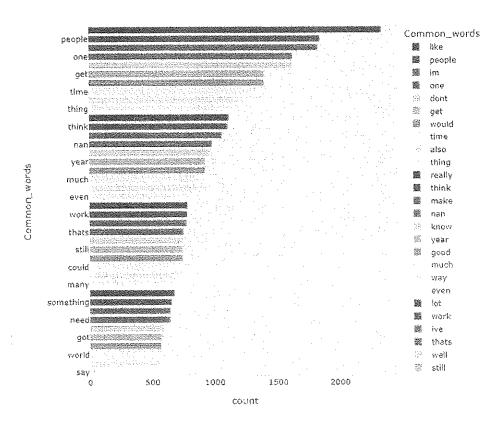


Figure 34:20 Mild Depression most frequent words

For the moderate depression posts, we have noticed that the term (Like) which has been mentioned 2084 times is the most used word in the moderate posts.

# Commmon Words in Moderate depression

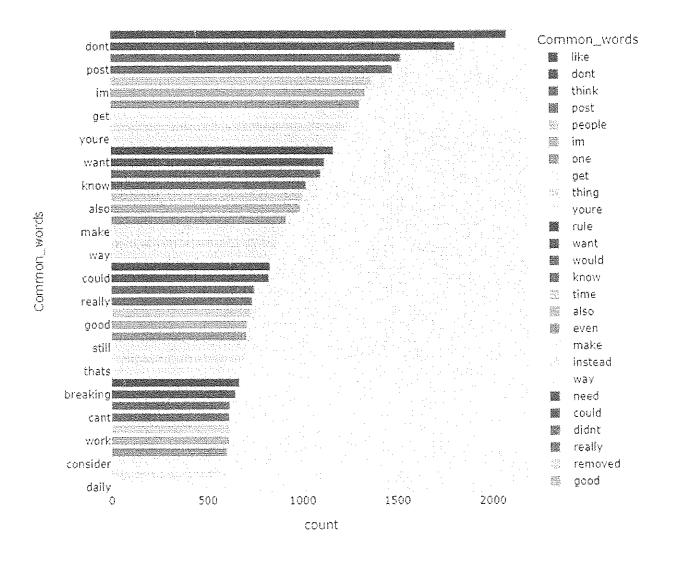


Figure 35: Moderate Depression most frequent words

For the minimal depression posts, the system is showing that most of the posts have the term (comment) and the number of counts for this term in the posts is 3052 times.

### Commmon Words in Minimal depression

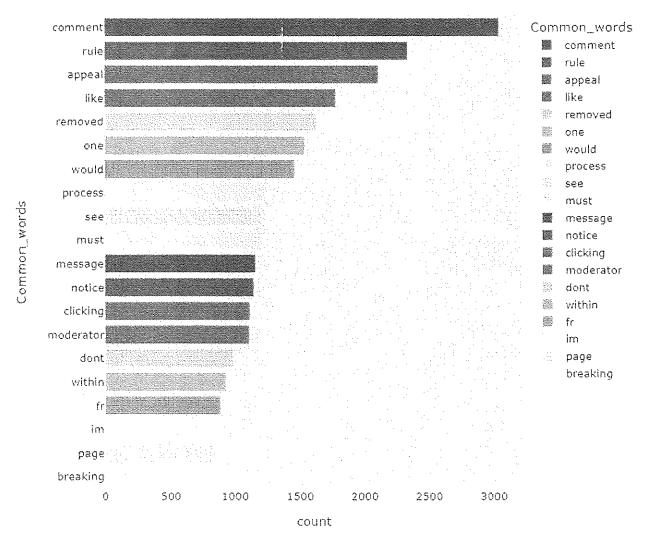


Figure 36: Minimal Depression most frequent words

The moderate depression has been also tested and we found that the most frequent term that has been used by the users on their social media posts is Hitler which is 1205 times.

### Commmon Words in severe depression

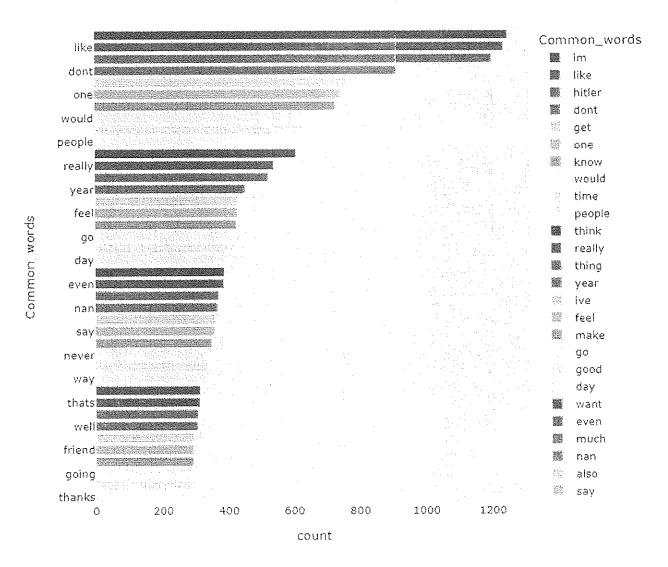


Figure 37: Severe depression most frequent words

From the analysis and the figures that have been shown before, we can notice that many terms are mutual between the posts that have been written by the users that have the same depression severity. So based on the posts that the user writes and the after studying the posts that have been posted by the user, we can have an idea about the depression severity that the user may have. It is important to mention here that we have collaborated with our colleagues in an ongoing research project that aims at the construction of a knowledge base that encodes the terms in the clinical

depression domain and constructs semantic networks that integrate multiple semantic resources in this context. We have provided our colleagues with significant terms that subjects identified with clinical depression use and express in their posts in an attempt to be incorporated as part of the proposed clinical depression knowledge base.

#### 5. Conclusions and Recommendations

The proposed machine learning models have examined and proved their ability to predict and recognize depression severity (using social media posts that users write to express their feeling and daily activities). We found that the incorporation of multiple techniques among the proposed NLP pipeline had a significant impact on the quality of the employed machine learning models. We experimentally investigated various scenarios using both English and Arabic datasets, and we found that despite the challenges inherent in each language, the analysis of social media posts can indeed be an alarming source that indicates whether a subject is suffering from depression and further recommend treatment procedures for identified subjects. This is particularly important since due to the stigma behind the mental illness in the society. As such, it was important to automate the process of screening depression since the current schools of screening use manual procedures that are based on depression questionnaires.

As we mentioned, the past work over the depression datasets were focusing on screening the depression with binary classifiers. In this context, the aim is to decide if the person has depression or not. However, in our system the model shows the depression severity of the Our proposed solution integrated BERT and produced promising accuracy results with accuracy rate, which can be regarded as a reliable (still to be further improved) resource for accuracy rate, which can be regarded as a reliable (still to be further improved) resource for accuracy rate, which can be regarded as a reliable (still to be further improved) resource for

It is also important to highlight the fact that utilization of the various datasets and their quality has had a huge impact on the quality of the produced results by each of the employed models. This was provided when dealing with the Arabic dataset that was skewed towards the depressed subjects. However, despite this fact, we argue that an improvement on the quality of the input training datasets can be performed to ensure producing a higher accuracy rate on the one hand, and more precise screening for subjects from both Arabic and English samples.

As a future extension to our currently proposed solution, we plan to acquire more datasets and involve real-world subjects from the Palestinian community to measure the effect of utilizing the proposed tool on our local community. We also plan to integrate more domain-specific clinical depression knowledge bases that can lead to improving the quality of feature engineering and consequently the machine learning process.

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# الملخص باللغة العربية

## نظام للكشف عن الاكتئاب السريري مبنى على معالجة اللغة الطبيعية

الاكتتاب السريري هو اضطراب عقلي شائع يتميز بالاكتتاب المزاجي وفقدان الاهتمام / المتعة. تشمل الأعراض الأخرى انخفاض الطاقة ، والشعور بالذنب أو تدني قيمة الذات ، واضطراب النوم أو الشهية ، وضعف التركيز. وفقًا لمنظمة الصحة العالمية ، يؤثر الاكتتاب السريري على أكثر من 75٪ من الناس في جميع أنحاء العالم. عادة ، يعتمد فحص الاكتتاب السريري على التقييم النفسي من خلال المقابلات وجهاً لوجه. هذه الأساليب التقليدية تستغرق وقتا طويلا وعرضة للخطأ. أظهرت الأبحاث السابقة أنه من الممكن التعرف على مرضى الاكتئاب الإكلينيكي من خلال تحليل منشورات وسائل التواصل الاجتماعي. ومع ذلك ، لم تكن تحليلات محتوى وسائل التواصل الاجتماعي مقسمة وفقًا للأعراض المختلفة للاكتئاب السريري ولا بناءً على استغلال الموارد الخارجية للدلالات الطبية. بالإضافة إلى ذلك ، يمكن أن تتميز حلول الفحص الحالية بطابع غير محكم الاقتران ، ومن ثم انخفاض مستوى صحة وموثوقية هذه الأدوات. على وجه الخصوص ، لا تعتمد صحة هذه الأساليب على البنية الرياضية للأعراض في بنية متعددة الأبعاد. وفقًا لذلك ، قمنا بتطوير نظام مقترن بقوة يجمع بين معالجة اللغة الطبيعية (NLP) وموارد المعرفة الطبية لمساعدة المتخصصين في الرعابة الصحية في فحص الاكتئاب السريري ؛ نشر أداة موثوقة وفعالة يمكنها المساعدة بشكل سلبي وتلقائي في تحديد الأشخاص الذين يعانون من أعراض الاكتئاب السريري بناءً على منشوراتهم على وسائل التواصل الاجتماعي. نظرًا للحالة المزرية لخدمات وموارد الصحة العقلية، من المتوقع أن يعالج النظام المقترح الصلة السريرية المباشرة لأنه يدمج II-IB (Bock Depression Inventory II (BDI-II) مع التحليل اللاحق لوسائل المواصل الاجتماعي للغة الإنجليزية والعربية.

بالنسبة للغة الإنجليزية ، استخدمنا مجموعة بيانات 2020 eRisk الخاصة بمنتدى التقييم متعدد اللغات (CLEF) وهي مجموعة بيانات عالمية تتضمن منشورات على وسائل النواصل الاجتماعي للأشخاص المصابين بالاكتئاب بمستويات مختلفة ، ومنشورات الاشخاص الذين تظهر عليهم علامات المقامرة المرضية مع وجود علامات تدل على وجودهم. إيذاء النفس. هدفنا في هذا السياق هو معرفة ما إذا كانت منشورات وسائل التواصل الاجتماعي تعكس وجود أعراض الاكتئاب الإكلينيكي وكذلك شدتها. القيام بذلك ، نستخدم موارد دلالية متعددة في مجال الطب النفسي لتعيين محتوى منشورات وسائل التواصل الاجتماعي إلى الأعراض المقابلة للاكتئاب السريري في II-IDB. لقد استخدمنا نتائج هذه الخطوة لتدريب النظام المقترح وتطوير إجراء فحص موثوق وفعال. كما تشير النتائج التي تم الحصول عليها ، فإن استخدام النموذج المقترح ودمجه مع تمثيلات التشفير ثدائي الاتجاه من نموذج المحولات (BERT) أدى إلى معدل دقة بنسبة 87 ٪ ، مع دمج النوذج المقترح مع المصنفات الأخرى ، مثل الانحدار اللوجستي ، وBport Vector Machine (SVM) و 47.4 و 45٪ و 48٪ على التوالي.

من ناحية أخرى ، بالنسبة للغة العربية ، استخدمنا مجموعة بيانات (أطلق عليها اسم مجموعة البيانات) لتطوير خط أنابيب يعتمد على البرمجة اللغوية العصبية (NLP) لاكتشاف الأشخاص المكتنبين بناءً على منشوراتهم على وسائل التواصل الاجتماعي المكتوبة باللغة العربية. لتقييم النموذج المطور ، استخدمنا العديد من المصنفات القائمة على التعلم الألي باستخدام

مجموعة البيانات العربية وحققنا معدل دقة بنسبة 81٪ باستخدام SVM ودقة 70٪ باستخدام مصنفات الانحدار اللوجستي (LR) و RF و RF ، على التوالي.